



# CITY OF NAPA

955 School Street  
Napa, CA 94559  
[www.cityofnapa.org](http://www.cityofnapa.org)

## MEETING MINUTES - Final

### CITY COUNCIL OF THE CITY OF NAPA

*Mayor Scott Sedgley*  
*Vice Mayor Beth Painter*  
*Councilmember Liz Alessio*  
*Councilmember Mary Luros*  
*Councilmember Bernie Narvaez*

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Tuesday, September 19, 2023

3:30 PM

City Hall Council Chambers

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**3:30 PM Afternoon Session**

**6:30 PM Evening Session**

#### **3:30 P.M. AFTERNOON SESSION**

##### **1. CALL TO ORDER: 3:30 P.M.**

###### **1.A. Roll Call:**

**Present:** 5 - Councilmember Alessio, Councilmember Luros, Councilmember Narvaez, Vice Mayor Painter, and Mayor Sedgley

##### **2. AGENDA REVIEW AND SUPPLEMENTAL REPORTS:**

City Clerk Carranza announced the following supplemental documents:

Item 3.B. - Revised Proclamation

Item 6.A. - PowerPoint Presentations

(Copies of the supplemental documents are included in Attachment 1)

##### **3. SPECIAL PRESENTATIONS:**

###### **3.A. [338-2023](#) Latinx Heritage Month**

Mayor Sedgley and members of Council read the proclamation. Cathy Gillis, Vice President, Napa County Hispanic Network, received the proclamation and provided remarks.

**3.B. [340-2023](#) Suicide Prevention Month**

(See supplemental document in Attachment 1)

Mayor Sedgley and members of Council read the proclamation. Jeni Olsen, Prevention Coordinator, Mentis, received the proclamation and provided remarks. She was joined by Cassandra Eslami with Napa County Behavioral Health, and Denise Bleuel and Jim Warnock who also provided remarks.

**4. PUBLIC COMMENT:**

Michelle Singh - shared safety concerns regarding a Brown Street property, and encouraged the City to find funds to address the issue.

**5. CONSENT CALENDAR:**

**Approval of the Consent Agenda**

**A motion was made by Councilmember Luros, seconded by Councilmember Narvaez, to approve the Consent Agenda. The motion carried by the following vote:**

**Aye:** 5 - Alessio, Luros, Narvaez, Painter, and Sedgley

**5.A. [341-2023](#) City Council Meeting Minutes**

**Approved the minutes from the September 5, 2023 Regular Meeting of the City Council.**

**5.B. [344-2023](#) Compliance with Open and Public Meeting Procedures, and Proposed Action to Cure and Correct Alleged Violation of Brown Act**

**Adopted Resolution R2023-094 (1) Documenting the City Council's Compliance with the Open and Public Meeting Requirements of the Ralph M. Brown Act (California Government Code Sections 54950, and following) in Response to a Letter from the Napa County Farm Bureau dated August 28, 2023; and (2) Curing and Correcting an Alleged Violation of the Brown Act by Retracting a Letter Dated August 7, 2023, Signed by Three Members of City Council, and Providing Related Notices.**

Enactment No: R2023-094

**5.C. [311-2023](#) Gann Appropriation Limits for Fiscal Year 2023/24**

**Adopted Resolution R2023-095 establishing the Gann appropriations limit for Fiscal Year 2023/24.**

Enactment No: R2023-095

**5.D.**     [332-2023](#)     Community Recovery Bank Funding

**Adopted Resolution R2023-096 authorizing the City Manager to execute an amendment to City Agreement No. C2023-053 with Mentis to increase the American Rescue Plan Act (ARPA) grant amount from \$110,000 to \$145,000.**

Enactment No: R2023-096

**5.E.**     [301-2023](#)     Acceptance of California Office of Traffic Safety Grants for 2023-2024 and Agreement with Napa County Bicycle Coalition

**Adopted Resolution R2023-097 (1) accepting four grants from the Office of Traffic Safety, and authorizing the Police Chief to sign the Grant Agreements; (2) authorizing revenue and expenditure budget increases of \$321,076 in the Non-Recurring General Fund for the Office of Traffic Safety Grant Programs for Fiscal Year 2023-2024; (3) authorizing the Police Chief to sign the agreement with the Napa County Bicycle Coalition in an amount not to exceed \$90,726 to provide pedestrian and bicycle safety in Napa County; and (4) determining that the actions authorized by this resolution are exempt from CEQA.**

Enactment No: R2023-097

**5.F.**     [334-2023](#)     Budget Amendment for Automated Traffic Enforcement System Program

**Increased the revenue and expenditure budgets of the Red Light Camera Fund by \$583,550 each and increase the Fleet Fund revenue and expenditure budgets by \$50,0000 each, as documented in Council Budget Amendment No. 20P03**

**5.G.**     [304-2023](#)     Napa Pipe Block 16 Subdivision Final Map, a 28 Single-Family Lot Project Located on Elderberry Way

**Adopted Resolution R2023-098 approving the Final Map of Napa Pipe - Block 16 (Project No. ENG22-0020), to subdivide property located on Elderberry Way into 28 single-family lots, authorizing the Mayor to sign said Final Map, and determining that the actions authorized by this resolution were adequately analyzed by a previous CEQA action.**

Enactment No: R2023-098

**6. ADMINISTRATIVE REPORTS:**

- 6.A.**     [264-2023](#)     Financial and Economic Indicator Update, Q3 2023, and Workforce Spotlight with Workforce Alliance of the North Bay (WANB), September 2023

(See supplemental document in Attachment 1)

Neal Harrison, Economic Development Manager, introduced the report.

Dr. Robert Eyler, presented the City of Napa Economic Development Dashboard.

Bruce Wilson, Executive Director of the Workforce Alliance of the North Bay, presented the City of Napa Workforce Spotlight.

Brendan Hurley, Economic Development Division, Program Coordinator, presented the City of Napa Internal Indicators.

Mayor Sedgley called for public comment; there were no requests to speak.

Discussion was turned over to Council. Individual questions and comments ensued.

- 6.B.**     [231-2023](#)     Ace & Vine Card Room Annual Review

Senior Planner Michael Allen provided the report.

Mayor Sedgley called for public comment; there were no requests to speak.

Discussion was turned over to Council. Brief individual comments from members of Council ensued.

Michael leBlanc, Owner, provided additional comments regarding business operation.

## **7. COMMENTS BY COUNCIL OR CITY MANAGER:**

Councilmember Narvaez shared the mural on Imola Street and Jefferson would be unveiled soon.

Councilmember Alessio thanked Napa Sunrise Rotary for a wonderful 9/11 memorial event that was held the week prior.



**CITY COUNCIL RECESS: 5:00 P.M.**

**6:30 P.M. EVENING SESSION**

**8. CALL TO ORDER: 6:30 P.M.**

**8.A. Roll Call:**

**Present:** 5 - Councilmember Alessio, Councilmember Luros, Councilmember Narvaez, Vice Mayor Painter, and Mayor Sedgley

**9. PLEDGE OF ALLEGIANCE:**

**10. AGENDA REVIEW AND SUPPLEMENTAL REPORTS:**

City Clerk Carranza announced the following supplemental documents:

Item 12.A. - revised PowerPoint Presentation from staff.

(A copy of the supplemental document is included in Attachment 2)

**11. PUBLIC COMMENT:**

Leslie Rota - shared safety concerns regarding a Brown Street property, and encouraged the City to find funds to address the issue.

**12. ADMINISTRATIVE REPORTS:**

**12.A. [292-2023](#)** Proposed Water Rates FY24-FY28

(See supplemental document in Attachment 2)

Deputy Utilities Director Joy Eldredge provided the staff report.

Mayor Sedgley called for public comment; there were no requests to speak.

Discussion was turned over to Council. Brief individual comments ensued.

**A motion was made by Councilmember Narvaez, seconded by Vice Mayor Painter, to authorize City Staff to Provide Written Notice by Mail of the Proposed Update to Water Rates in Compliance with all Requirements of State Law, and Schedule a Public Hearing to Consider Adoption of Updated Water Rates on November 7, 2023, at 6:30 pm. The motion carried by the following vote:**

**Aye:** 5 - Alessio, Luros, Narvaez, Painter, and Sedgley

**13. COMMENTS BY COUNCIL OR CITY MANAGER:**

Councilmember Alessio acknowledged public comments received related to a Brown Street property. Assistant City Manager Habkirk shared that staff was looking into budget considerations to address the code issues.

Mayor Sedgley shared that it was National Voter Registration Day and encouraged everyone to register to vote.

Vice Mayor Painter shared that she read a proclamation over the weekend acknowledging 200 years since the signing of the United States Constitution.

**14. ADJOURNMENT: 7:13 P.M.**

**The next regularly scheduled meeting for the City Council of the City of Napa is October 3, 2023.**

**Submitted by:**

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**Tiffany Carranza, City Clerk**

**ATTACHMENT 1**

**SUPPLEMENTAL REPORTS &  
COMMUNICATIONS Office of the City Clerk**

**City Council of the City of Napa  
Regular Meeting**

**September 19, 2023**

**FOR THE CITY COUNCIL OF THE CITY OF NAPA**

**AFTERNOON SESSION:**

**SUBMITTED PRIOR TO THE CITY COUNCIL MEETING**

**3. SPECIAL PRESENTATIONS:**

**3.B. Suicide Prevention Month**

- Revised Proclamation.

**6. ADMINISTRATIVE REPORTS:**

**6.A. Financial and Economic Indicator Update, Q3 2023, and Workforce Spotlight with Workforce Alliance of the North Bay (WANB), September 2023**

- PowerPoint Presentations.

**AFTERNOON SESSION:**

**SUBMITTED DURING THE CITY COUNCIL MEETING**

**3. SPECIAL PRESENTATIONS:**

**3.B. Suicide Prevention Month**

- Handouts.

# CITY OF NAPA

## PROCLAMATION

City Council Regular Meeting  
9/19/2023  
Supplemental I - Item 3.B.

### *Suicide Prevention Month ~ September 2023*

**WHEREAS**, the Napa County Suicide Prevention Council (NCSPC), a public/private collaborative of people and organizations who are dedicated to reducing stigma around suicide, supporting those who have lost loved ones to suicide, identifying and advocating for resources and promoting a safe, connected and resilient community to reduce the risk of suicide; and

**WHEREAS**, in the last six years NCSPC has worked tirelessly to reach their vision of a suicide-free community through education and training, stigma reduction, linkage to services, and provision of resources to combat suicide; and

**WHEREAS**, from 2018-2020, the suicide rate in California was 10.5 deaths per 100,000 population and Napa County's was 10.9 deaths per 100,00 population, placing Napa County higher than the State average; and

**WHEREAS**, in Napa County, Caucasian men between the ages of 45 to 64 years old had the highest suicide rate. The most common mechanism for suicide is by firearms (46%), followed by hanging (28%) and overdoses/poisoning (15%); and

**WHEREAS**, Queen of the Valley Emergency Department discharged 54 patients who had a diagnoses related to suicide and self-harm in 2022, of these patients, 40.7% were under the age of 18, and 38.9% were between the ages of 18 and 35. The majority (83.3%) of the patients identified as white and (75.9%) indicated that they lived in Napa; and

**WHEREAS**, in Fiscal Year 22-23, law enforcement responded to over 280 calls related to suicide and in 2022, 20 individuals completed suicide in Napa County; and

**WHEREAS**, in Fiscal Year 22-23, the NCSP trained 941 community members in the Question, Persuade, Refer (QPR) model of suicide prevention to help prevent suicides; and

**WHEREAS**, every City of Napa resident can be an ally by knowing the signs of suicide, finding the words to communicate with someone they are concerned about, and reaching out to local resources for help.

**NOW, THEREFORE, BE IT RESOLVED** that I, Scott Sedgley, Mayor of the City of Napa, along with the Napa City Council, do hereby proclaim *September 2023 as Suicide Prevention Month*.

Dated: September 19, 2023

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SCOTT SEDGLEY, MAYOR  
CITY OF NAPA

# Financial and Economic Indicator Update, Q3 2023, and Workforce Spotlight with Workforce Alliance Of The North Bay (WANB)

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September 2023



# Agenda

## 01. City of Napa ED Dashboard

*Dr. Rob Eyler, EFA*

## 02. City of Napa Workforce Spotlight

*Bruce Wilson, WANB*

## 03. City of Napa Internal Indicators

*Brendan Hurley, City of Napa ED*



# **CITY OF NAPA: DASHBOARD CITY COUNCIL PRESENTATION**

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**NAPA, CA**

**SEPT 2023**

**Robert Eyler, PhD**

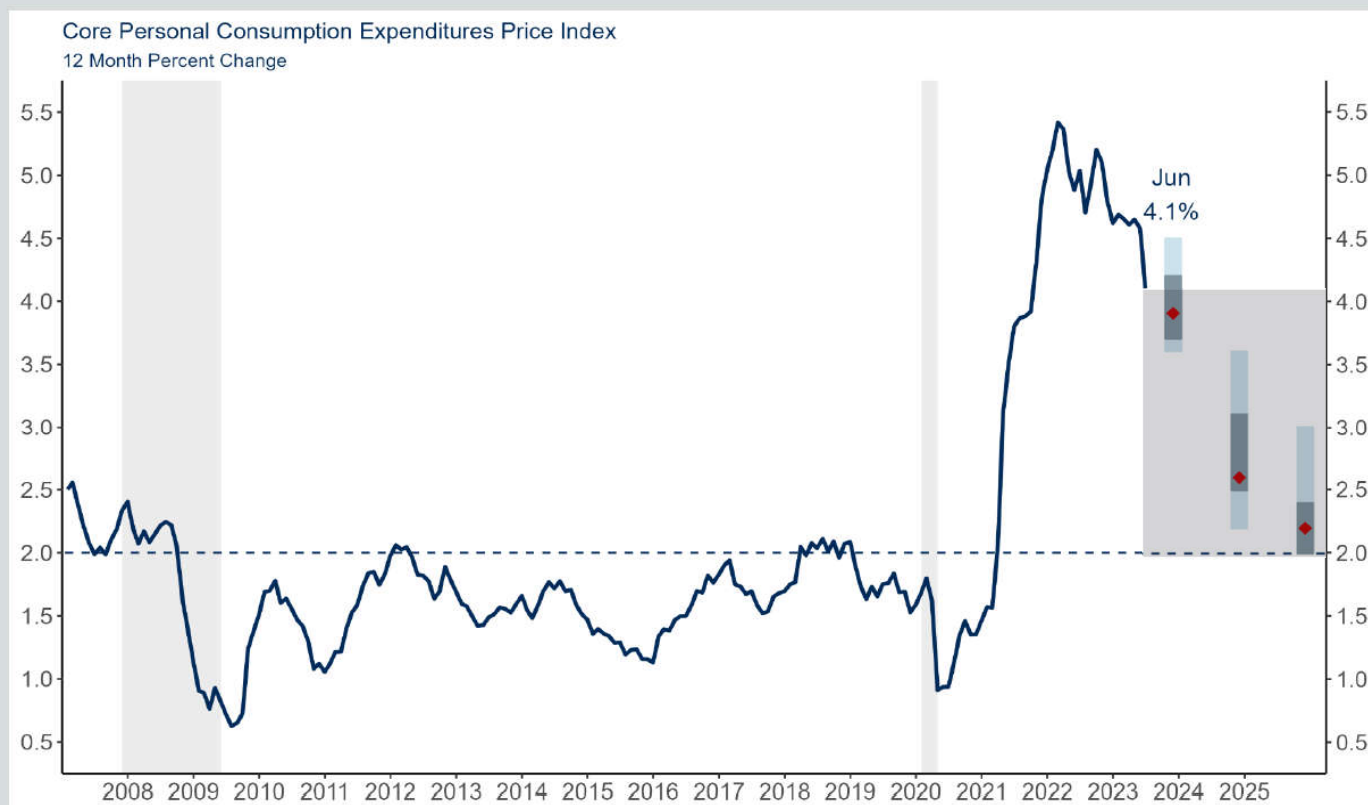
**President, Economic Forensics and Analytics Inc.**

**Professor, Economics, Sonoma State University**

**[eyler@econforensics.com](mailto:eyler@econforensics.com)**

# Inflation's Fall to Where? PCE Core Prices, 2007 to 2025

## Core Personal Consumption Expenditure Price Index



Notes: FOMC projection is the median, range, and central tendency for Q4/Q4 percent changes, from the June 2023 meeting. Red dots indicate median projections. Core PCE Price Index excludes expenditures on gasoline and food services.

Source: Bureau of Economic Analysis & Board of Governors via Haver Analytics 4

### What to Watch

- Continued downward momentum
- Jobs losses as opportunity cost for these changes
- Small to medium size business and future

FED will not lower rates until:

1. Job losses begin
2. This index moves more completely through these dots



# Federal Reserve Philadelphia

## Forecast, Survey of Professional Forecasters

These data are from August 2023

**Bottom Line:** Economy more resilient than previous forecasts, inflation beginning its descent; relatively high interest rates will continue pressure economy to 2025

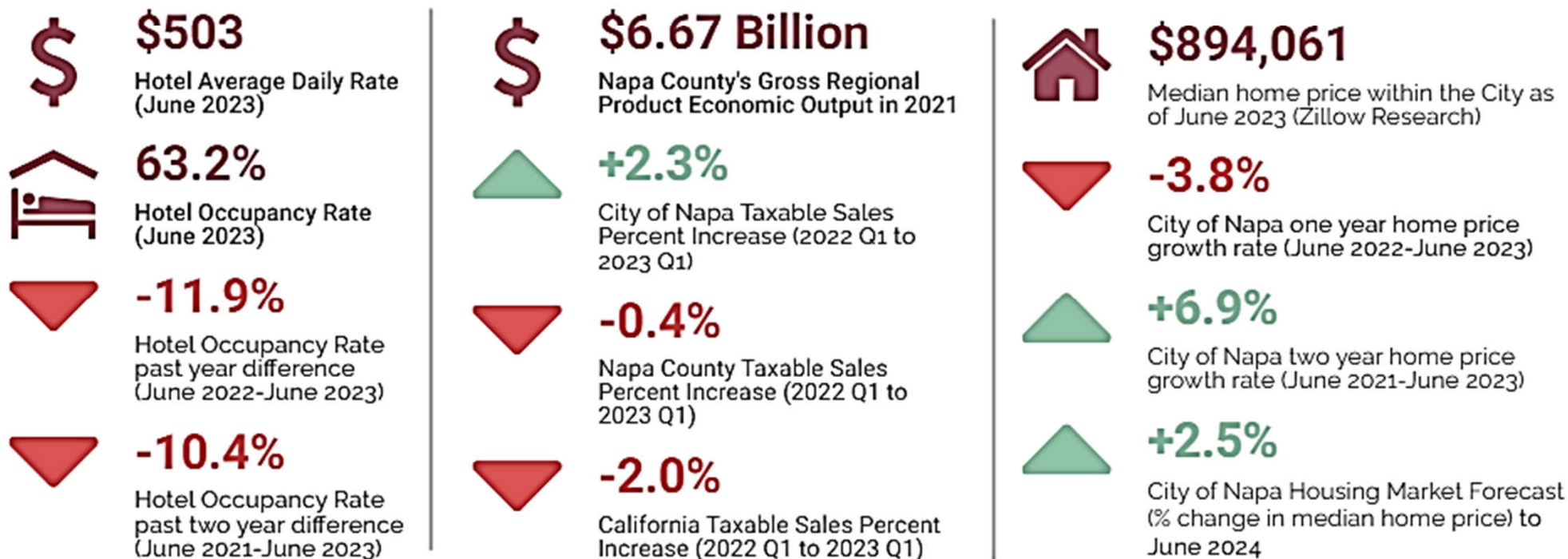
|                                                           | Real GDP (%) |     | Unemployment Rate (%) |     | Core PCE Inflation (%) |     |
|-----------------------------------------------------------|--------------|-----|-----------------------|-----|------------------------|-----|
| Annual data (projections based on annual-average levels): |              |     |                       |     |                        |     |
|                                                           | Previous     | New | Previous              | New | Previous               | New |
| 2023                                                      | 1.3          | 2.1 | 3.7                   | 3.6 | 3.7                    | 3.7 |
| 2024                                                      | 1.0          | 1.3 | 4.3                   | 4.0 | 2.3                    | 2.4 |
| 2025                                                      | 2.4          | 2.1 | 4.4                   | 4.2 | 2.0                    | 2.1 |
| 2026                                                      | 2.3          | 1.7 | 4.3                   | 4.1 | N/A                    | N/A |

Source: Federal Reserve Philadelphia Branch

# Napa at a Glance: end of Q2 2023



## The City's Economy at a Glance



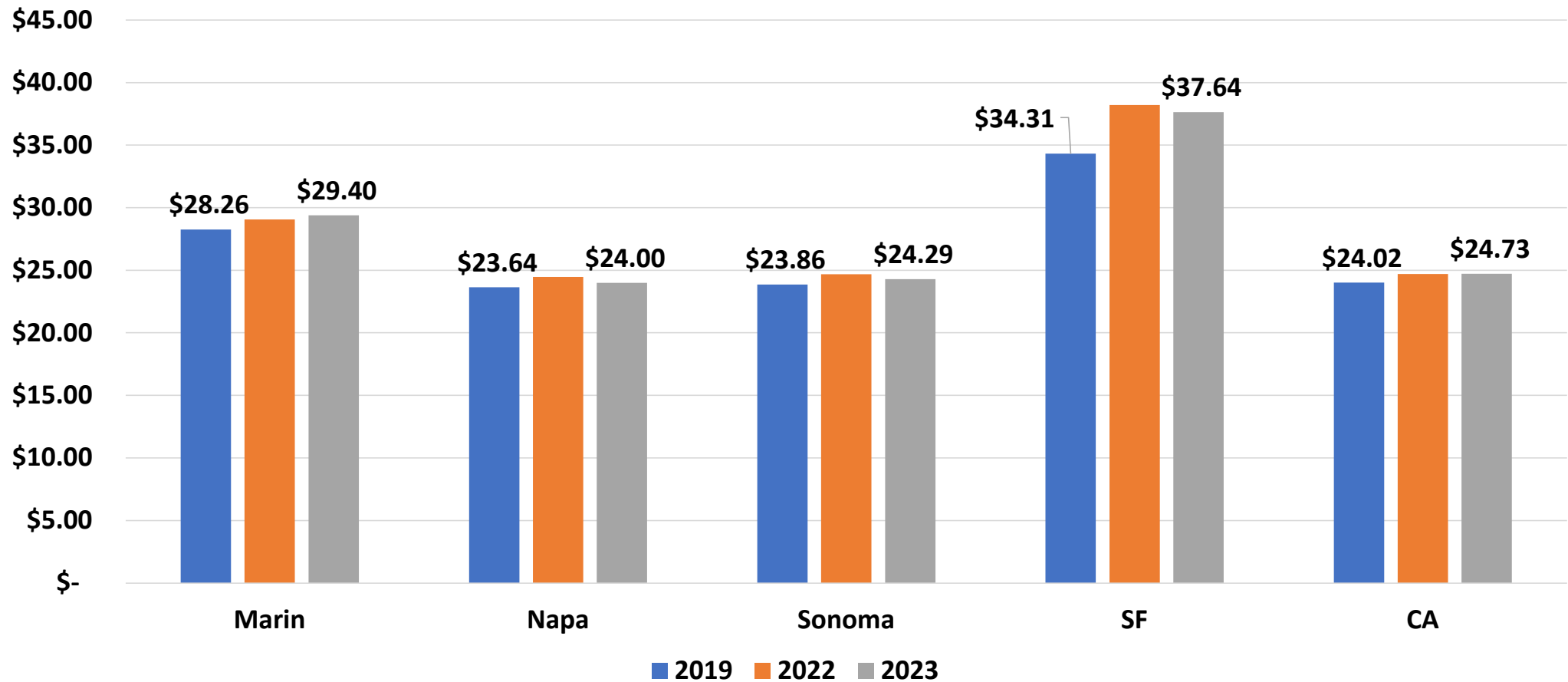
# Labor Market: Napa Residents, Quarterly 2019 Q1 to 2023 Q2

## Labor Force and Napa Residents Employed (2019-2023)



Source: California EDD and Bureau of Labor Statistics. Seasonally adjusted.

## Wage Data: Marin County and Selected Areas 2019, 2022 and 2023, 2023 \$, Median Wages



Sources: California EDD and MEF

# City of Napa: Things to Watch

- Continued slow movement and end of summer surge
  - More optimistic forecasts may help travel
  - Some threats to wine industry recovery and growth
  - As inflation falls, will interest rates follow?
- Travel industry:
  - September and October to finalize tale of 2023
  - Slower than 2022, had to expect that, still regional leader here in Napa
- Workforce Development regionally
  - Napa as a place to work: industry mix reduced in diversity
  - Resources are available: WANB



# Workforce Alliance of the North Bay

**Bruce Wilson,  
Executive Director**



# About WANB



WANB Region:

Lake, Marin, Mendocino, Napa counties

Geographically large and diverse area ranging from urban to rural

Diverse demographics, with median household income ranging from \$47K in Lake County to \$121K in Marin County

4 community college districts; 4 County Offices of Education, 3 Adult Education Consortia

# STRATEGIC GOALS OF WANB

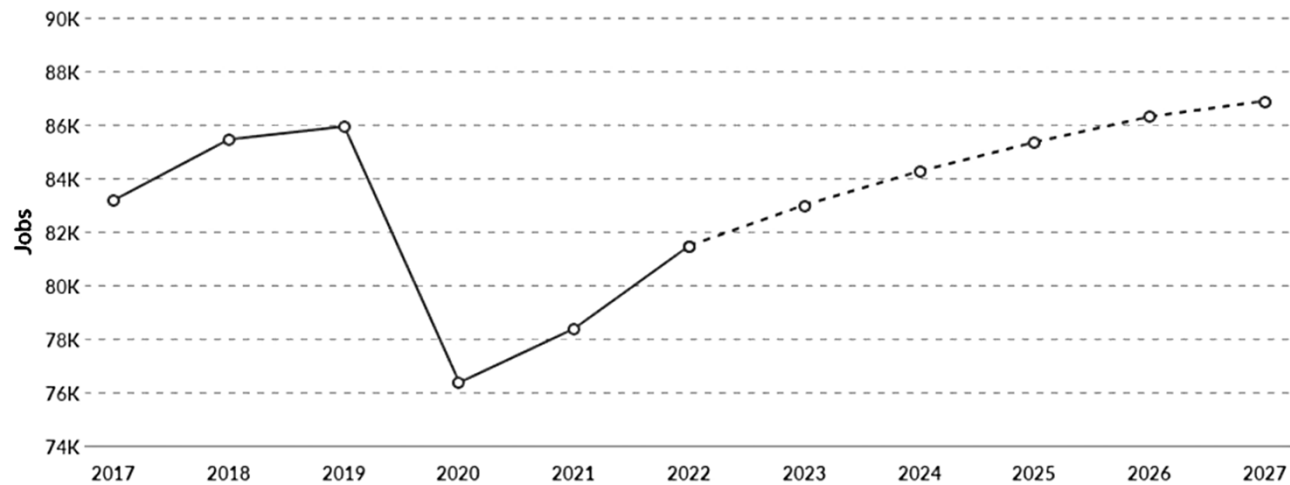
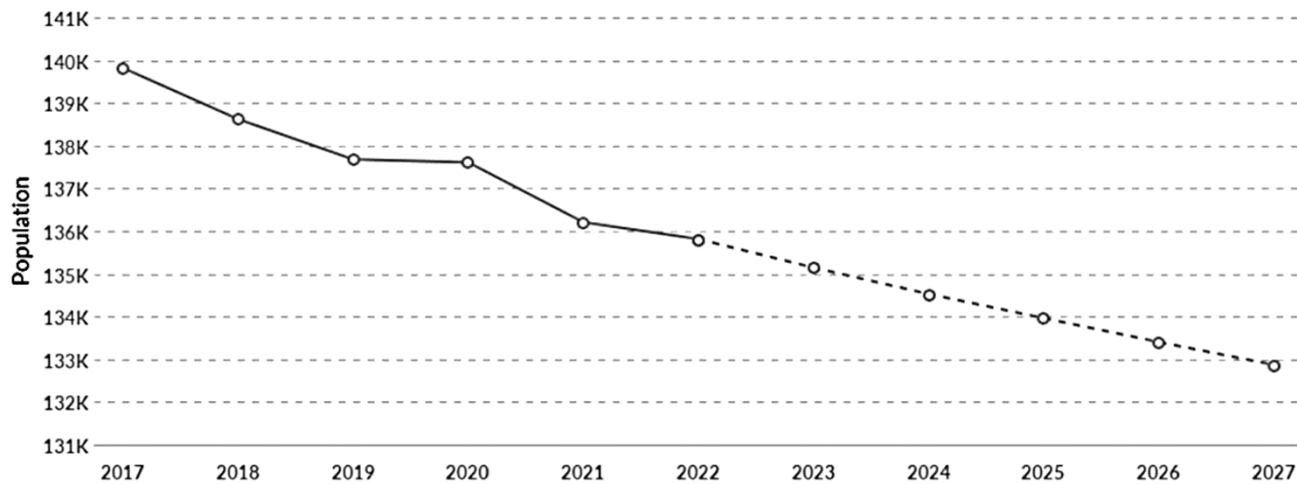


1. **Increase access to education, training, and employment**--particularly for people with barriers to employment.
2. Create a comprehensive, high-quality workforce development system **by aligning workforce investment, education, and economic development**.
3. **Reduce welfare dependency, increase economic self-sufficiency**, and meet employer needs.
4. Promote improvement in the structure and **delivery of services**.
5. **Increase the prosperity** of workers and employers.
6. **Improve the quality and labor market relevance** of workforce investment, education, and economic development efforts.

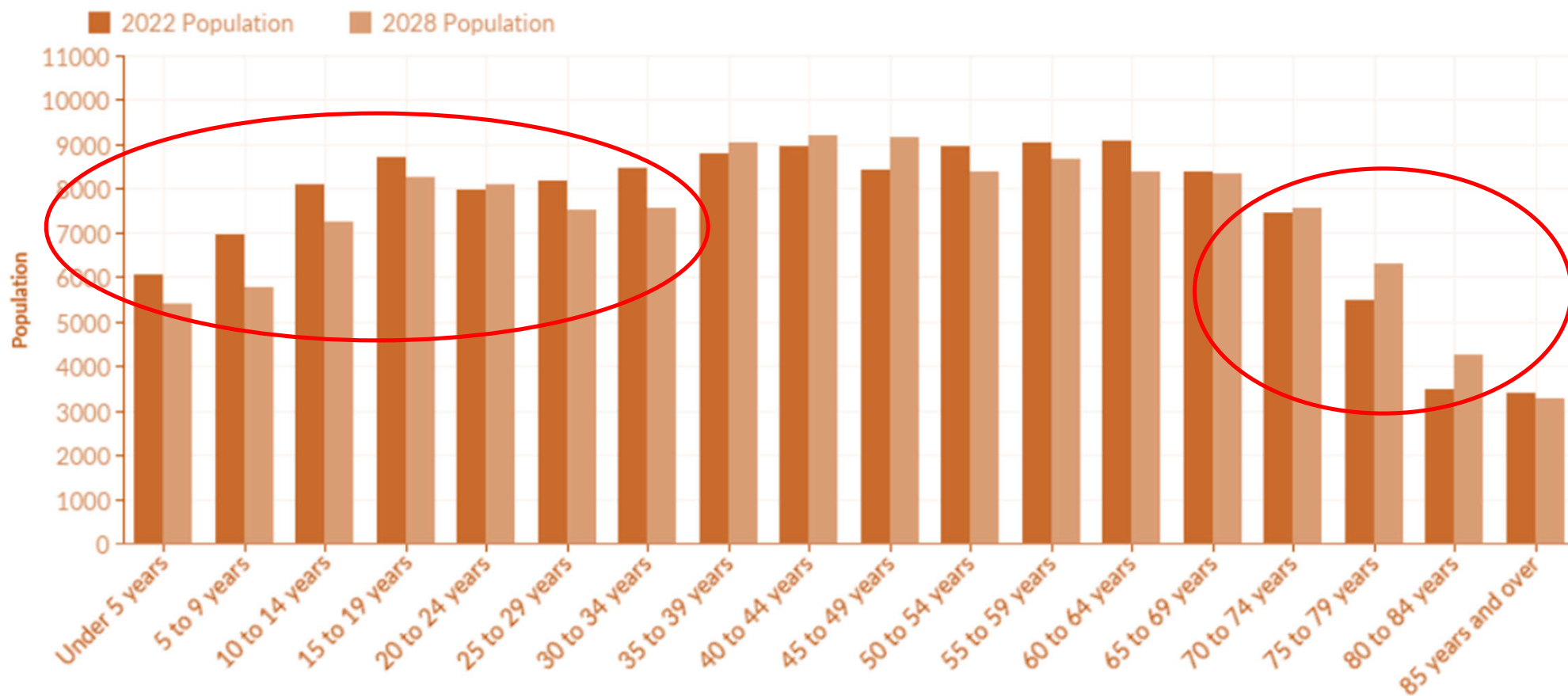


# Building a Talent Development Strategy

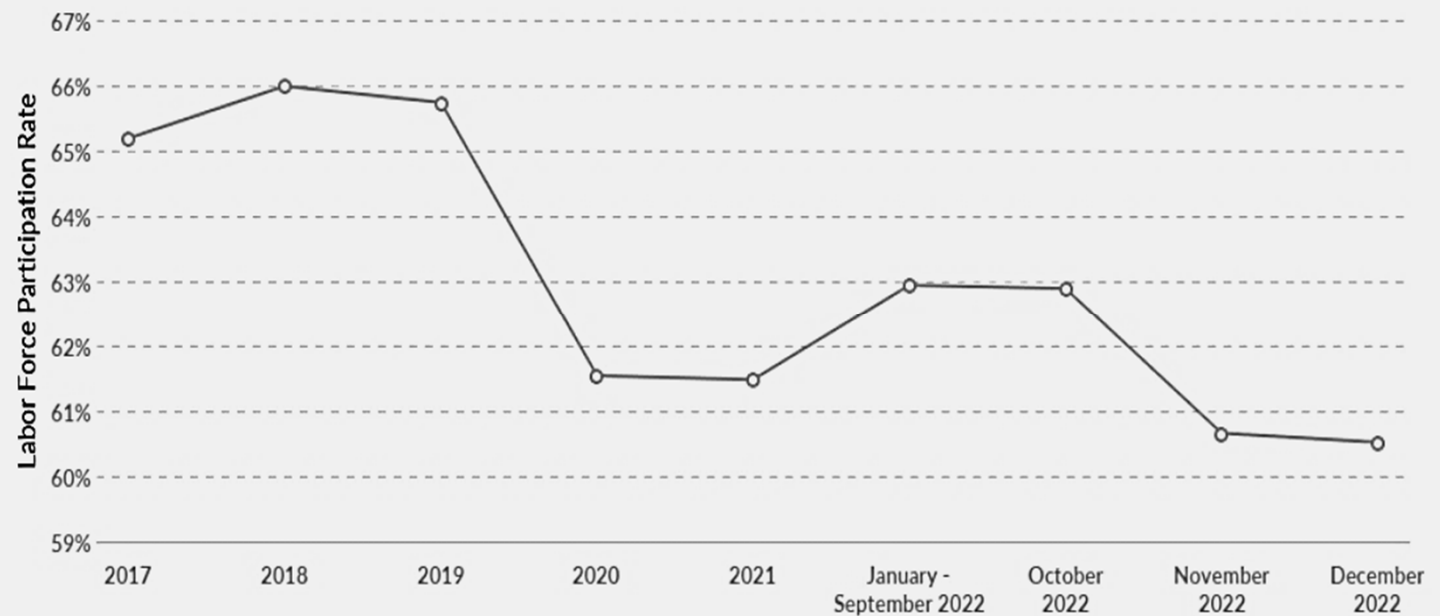




Workforce shortages have become structural rather than situational



Labor force participation remains depressed since the pandemic







# A community workforce strategy requires diverse stakeholders to:

1. **Coordinate and collaborate** across organizations, understanding that the work cannot be accomplished in siloes.
2. **Follow the lead of employers**, the end-users of your region's talent "supply chain."
3. **Focus on skills**, the common language that brings together job seekers, employers, and educators for mutual benefit.

# Economic Development

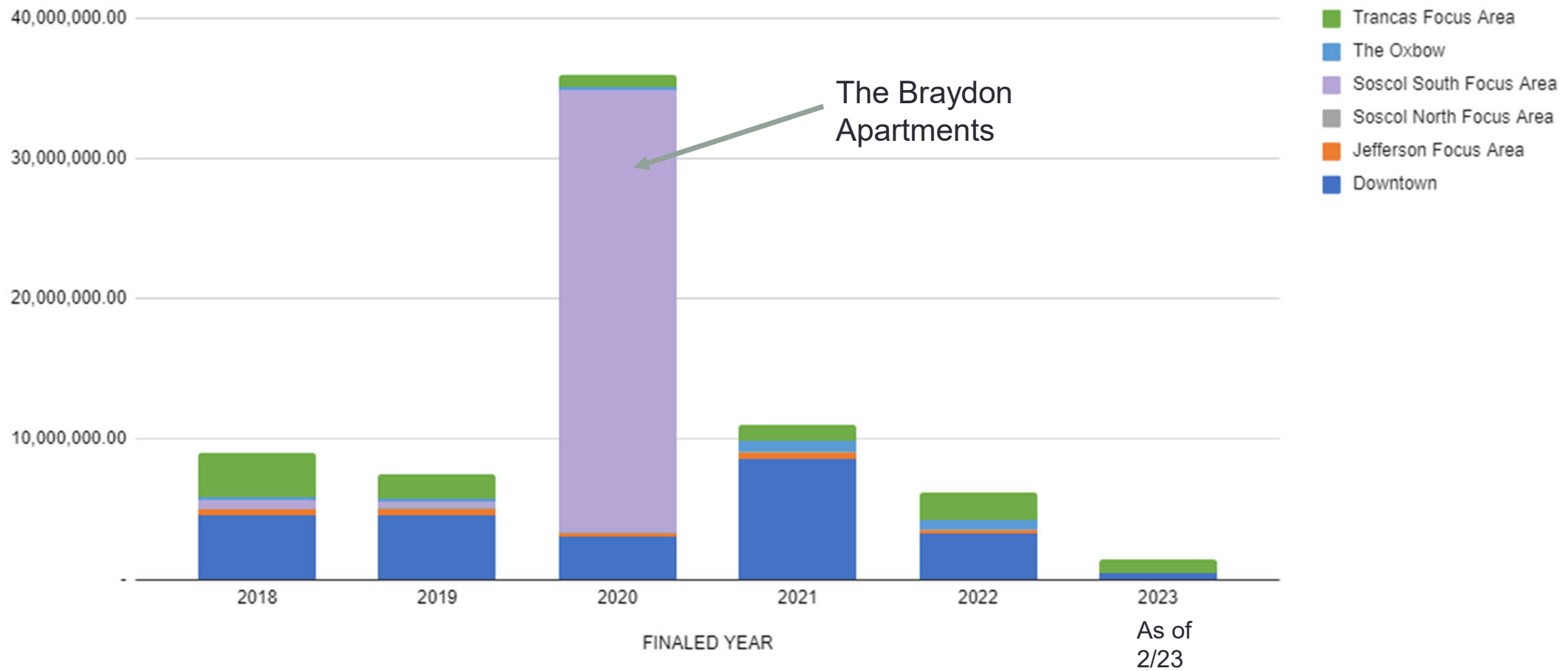
## Economic Health and Internal Financial Indicators

Main Commercial Geo Areas within the City:

- Napa Premium Outlets
- Downtown Napa
- The Oxbow
- Jefferson Street Focus Area
- Trancas Street Focus Area
- Soscol North Focus Area
- Soscol South Focus Area

# Investment levels by Geo Area

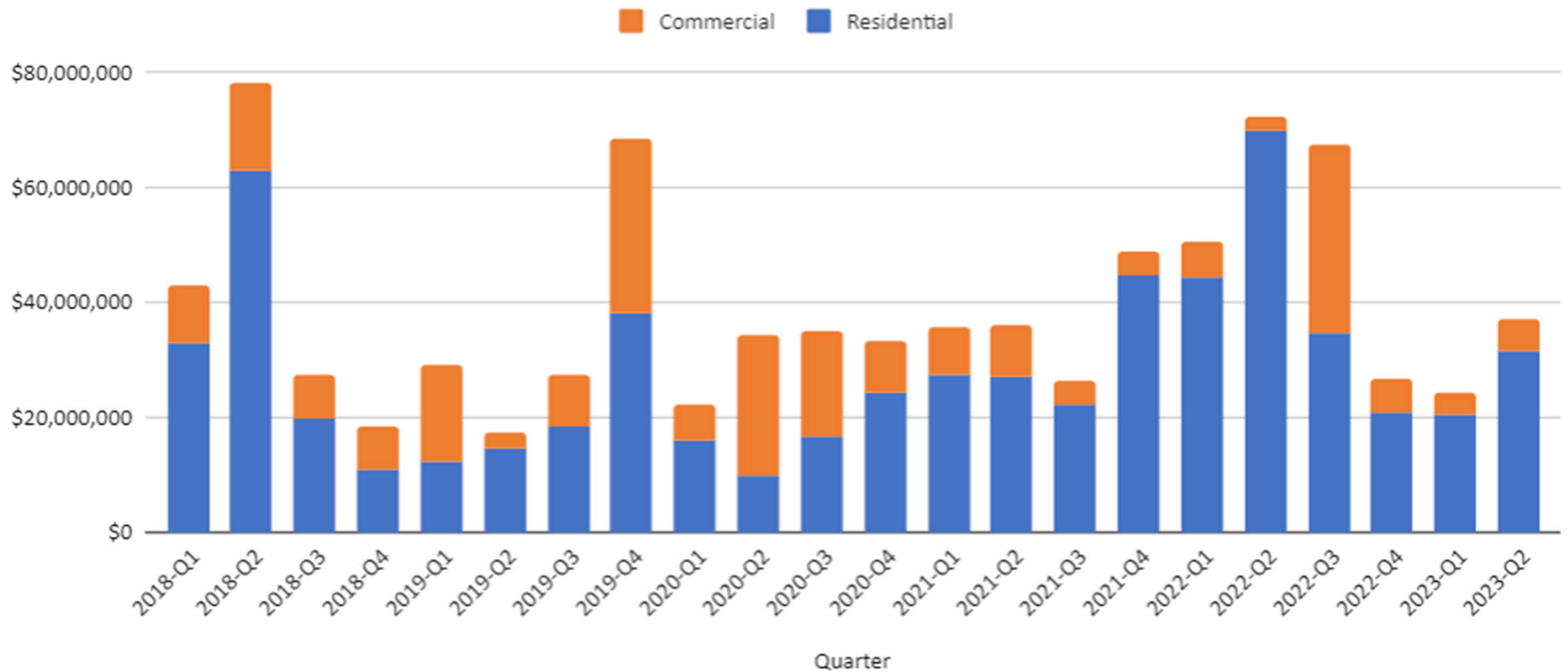
## 2018-2023, Current Dollars



Sources: Trakit Permit Data

# Residential and Commercial Permit Value

## Citywide, By Quarter, 2018-2023, Current Dollars

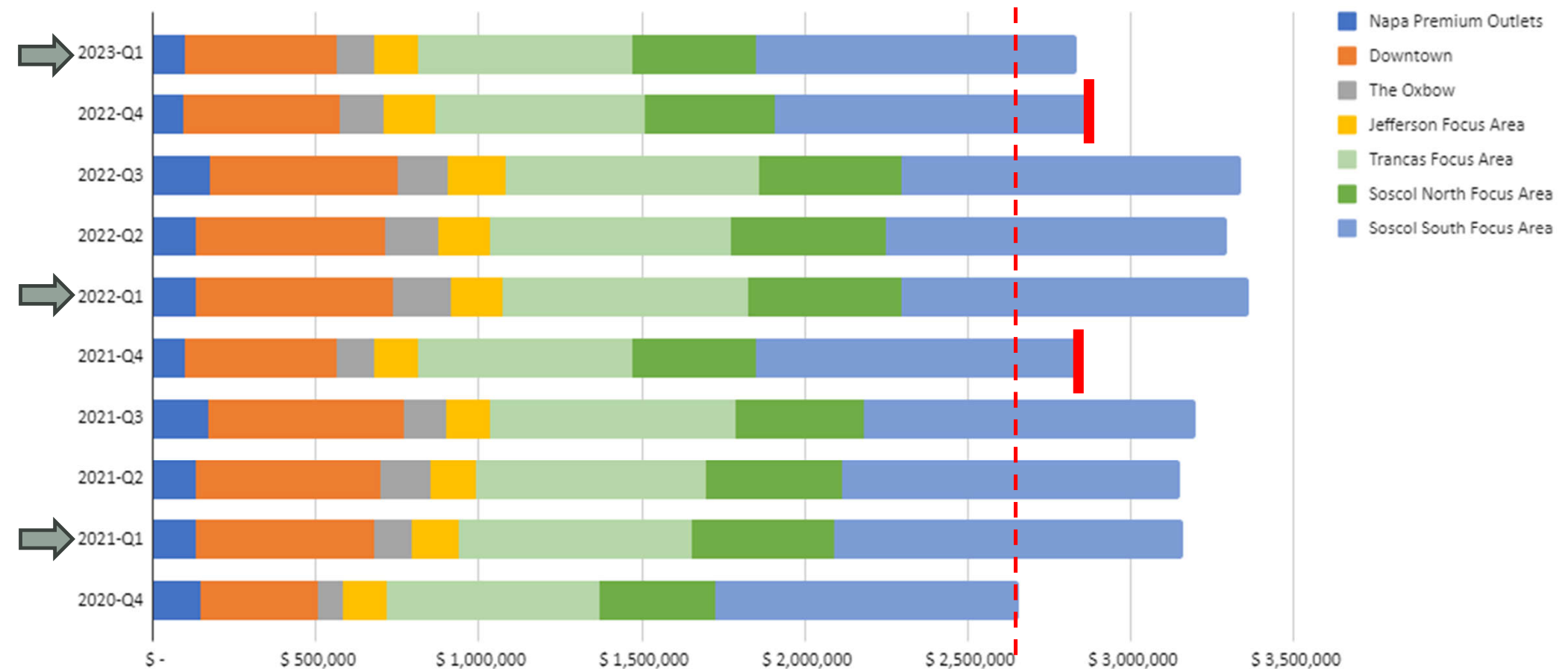


Sources: Trakit Permit Data



# Total Sales Tax Revenues by Geo Area

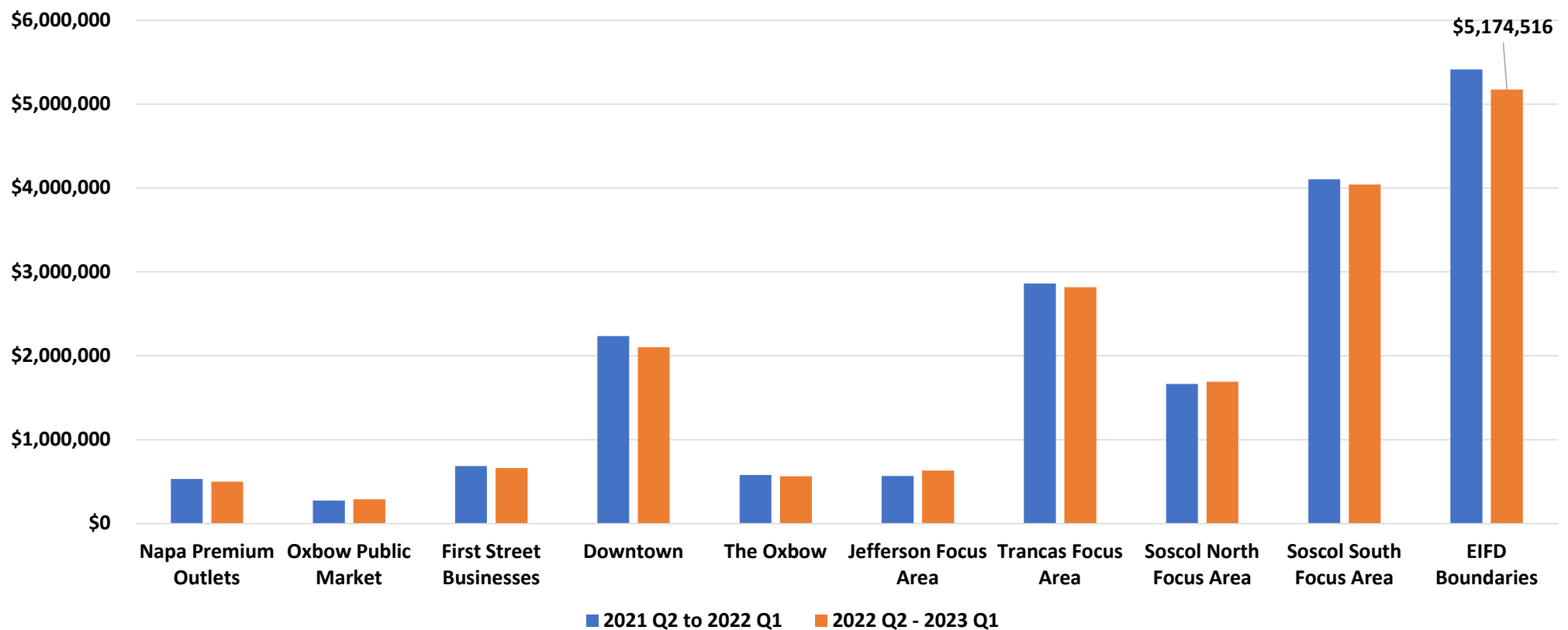
## By Quarter, 2020-2023, Current Dollars



Sources: Trakit Permit Data

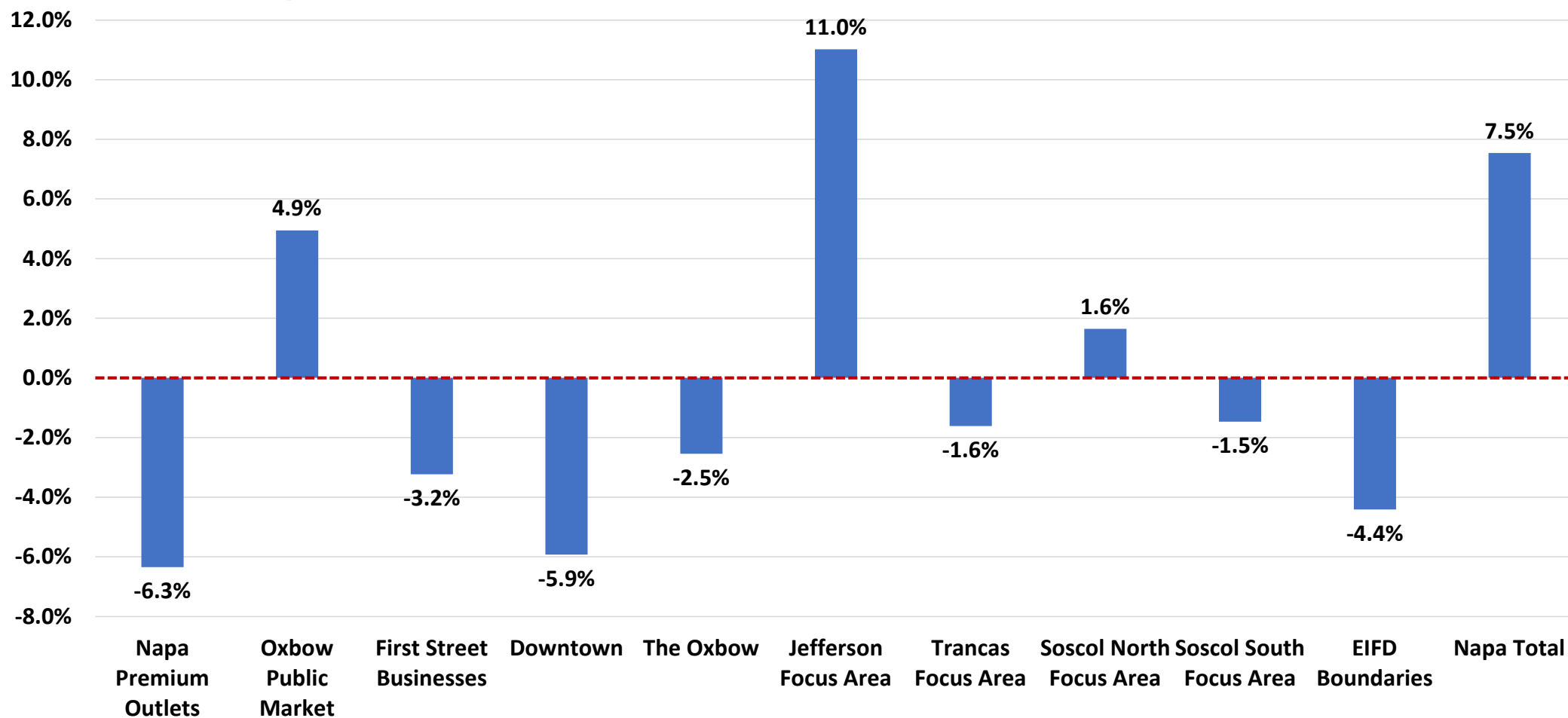
# Sales Tax Revenues by Geo Area

## 2022 Q1 - 2023 Q1, Current Dollars



Sources: CDTFA and HdL

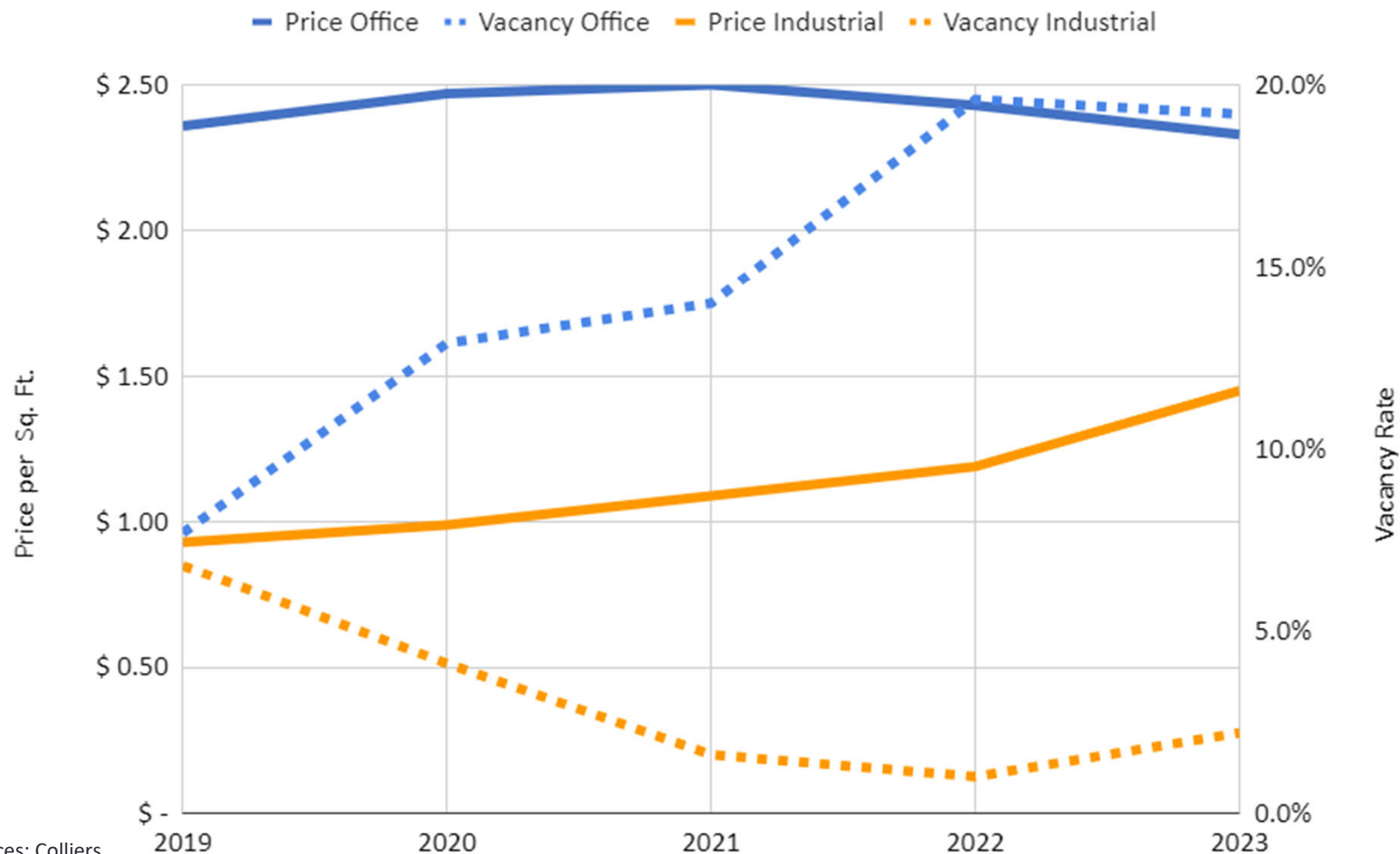
## Taxable Sales by Geo Area: Four-Quarter % Change, 2021 Q1 2022 Q1 compared to 2022 Q1 - 2023 Q1, Current Dollars



Sources: CDTFA and HdL

# Commercial Real Estate Summary

## 2019-2023, Price and Vacancy Rates, Current Dollars



## Economic Health: Key Takeaways

- Investment levels

- Residential improvements continue to outperform commercial.
- Amongst the Geo Areas, Downtown is consistently invested in the most.

- Sales Tax

- Overall, sales tax generation in each Geo Area remains strong.
- Q1 2023 has had lower sales tax revenue than the previous 2 years.

- Commercial Real Estate

- Keep an eye on office vacancies. As offices close and new leases go unfilled, will the price per square foot decrease?
- Need for industrial square footage remains strong.

# End- Thank You!



**SUPPLEMENTAL REPORTS & COMMUNICATIONS**  
**Office of the City Clerk**

**City Council of the City of Napa**  
**Regular Meeting**

**September 19, 2023**

**FOR THE CITY COUNCIL OF THE CITY OF NAPA**

**AFTERNOON SESSION:**

**SUBMITTED DURING THE CITY COUNCIL MEETING**

**3. SPECIAL PRESENTATIONS:**

**3.B. Suicide Prevention Month**

- Handouts.





# **Napa County - Strategic Plan for Suicide Prevention 2023 - 2026**

*Presented by*  
*Napa County Suicide Prevention Council*

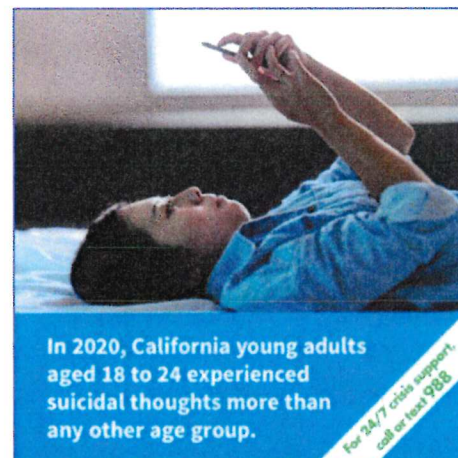
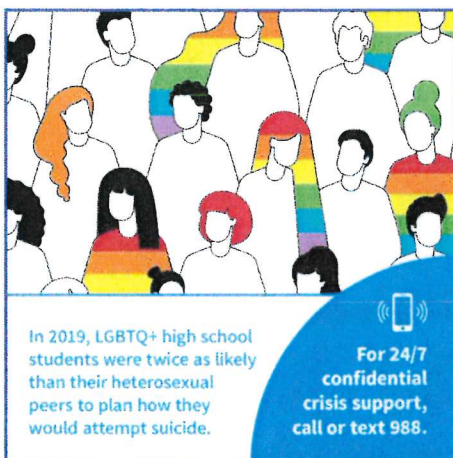
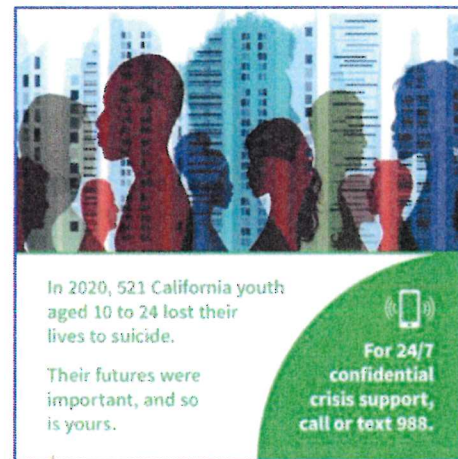
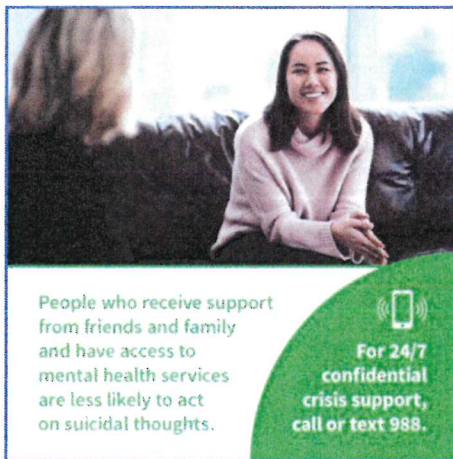






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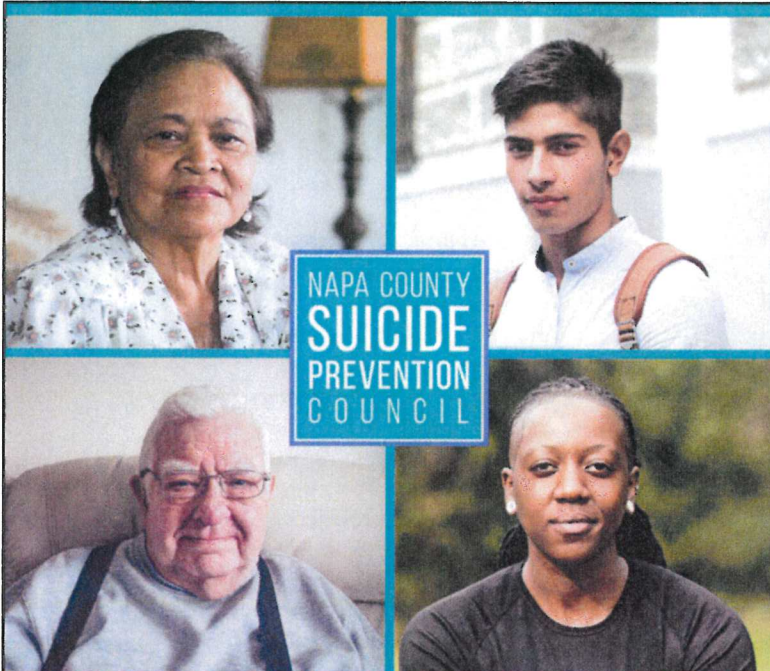


**NAPA COUNTY**

**Health & Human  
Services Agency**



**NAPA COUNTY  
SUICIDE  
PREVENTION  
COUNCIL**



**NAPA COUNTY  
SUICIDE  
PREVENTION  
COUNCIL**

**If you are in crisis, Call or Text  
988 for the Suicide & Crisis Lifeline**

**Kung ikaw ay nakararanas ng krisis o nagtatangkang  
magpakamatay, tumawag o mag-text sa  
988 upang humingi ng tulong**

**Si usted está en crisis, Llame o Envíe un Texto al  
988 para la línea de suicidio o crisis**

**Support is available. If you or someone you know  
needs help, please reach out today:**

**Napa County Mental Health 24-hour Crisis Line  
707-253-4711**



**National Suicide Crisis Lifeline  
Call or Text 988**

Press 1 to be routed to the Veterans Crisis Line  
Press 2 to be routed to the Spanish Crisis Line  
Press 3 to be routed to the LGBTQ+ Crisis Line  
For people who are deaf or hard of hearing,  
call 800-799-4889

**Crisis Text Line  
Text HOME to 741741**

**Spanish Crisis Text Line  
Texto HOLA para 741741**

Law enforcement needing support,  
call the COPLINE 800-267-5463  
All other first responders needing support call the  
Fire/EMS Helpline at 888-731-FIRE (3473)  
For LGBTQ youth, call The Trevor Project  
866-488-7386 or text START to 678678  
For transgender people, call the Trans Lifeline  
877-565-8860

For teens needing someone to talk to, call the TEEN LINE  
310-855-4673 or text TEEN to 839863

**If you have lost someone to suicide, you may be in search of support for yourself and others. There are local resources  
available to support those who have lost someone to suicide. You are not alone.**

#### **LOCAL MENTAL HEALTH RESOURCES FOR SUPPORT**

**Family Suicide Survivors Peer Support Counselors**  
*phone support - no fee*  
Denise Bleuel, LCSW (707) 226-9838  
James Warnock, MDiv (707) 332-7516

**Trauma and Grief Therapists**  
*Call Collabria and ask for Bereavement Counselor*  
414 S. Jefferson Street, Napa - (707) 258-9080

**Napa County Mental Health Access:** (707) 259-8151

**24-hour Crisis Line:** (707) 253-4711

**Mobile Response Team** M-F/8am-5pm: (707) 299-2111

**Mentis Outpatient Clinic:** (707) 255-0966 ext. 132

**Aldea Children and Family Services:** (707) 224-8266

**OLE Health:** (707) 254-1770

**LGBTQ Connection:** (707) 251-9432

#### **SUPPORT GROUPS FOR SURVIVORS OF SUICIDE LOSS**

##### **The Compassionate Friends**

*Peer support group after a child dies - 3rd Thursdays monthly at 7pm*  
Queen of the Valley Wellness Center  
3421 Villa Lane, Napa - (707) 258-1623

##### **Friends for Survival**

Support Groups +Resources (916) 392-0664, [www.friendsforsurvival.org](http://www.friendsforsurvival.org)

**Loss Helpline:** (800) 646-7322

##### **Collabria Care**

*Support Groups for Survivors of Suicide Loss*  
call (707) 258-9080 for more information

##### **International Survivor's Day Conference**

*For Survivors of Suicide Loss - Annually, the Saturday before Thanksgiving*  
For information and registration: visit [afsp.org/survivorday](http://afsp.org/survivorday)

##### **American Foundation For Suicide Prevention "Healing Conversations"**

*Peer support for Survivors of Suicide Loss*  
Visit: [www.afsp.org](http://www.afsp.org), follow "get help"



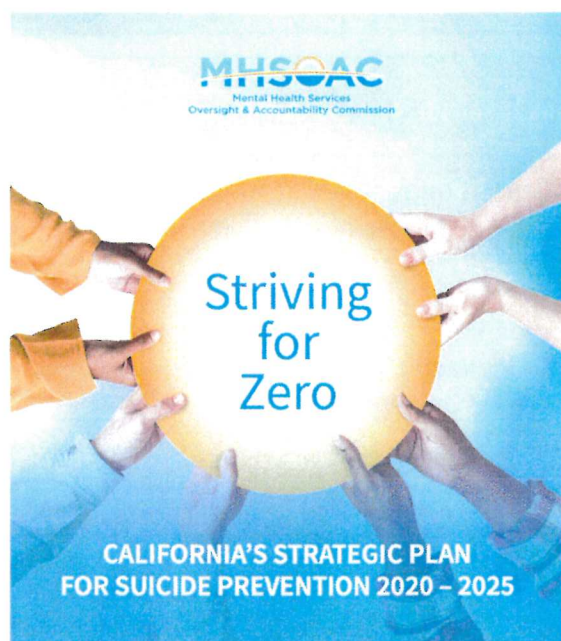


## Introduction

This plan was developed by Napa County Health & Human Services Agency with the Napa County Suicide Prevention Council. It is meant to reflect the priorities, accomplishments, and needs for suicide prevention in our county and outlines a comprehensive approach to suicide prevention. Only with a comprehensive approach can we move towards our vision of zero suicides in Napa County.

While this Vision is ambitious, the Napa County Suicide Prevention Council believes that prevention is possible if action is bold. Eliminating suicide will require the support of our whole community, from agency and organizational partners to individuals in all walks of life. Everyone has a role to play in suicide prevention. This plan puts forth strategies that are intended to help each of us find and step into those roles.

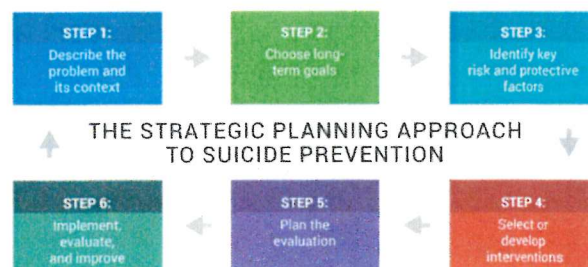
The Napa County Suicide Prevention Council supports existing local suicide prevention and stigma reduction efforts. We are working to identify and fill gaps in suicide prevention and postvention approaches across the County, as we develop an overarching Suicide Prevention plan that addresses the needs and input of our community and is based in data and the real experiences and stories of our community members. The strategies outlined are in alignment with California's Suicide Prevention Strategic Plan, Striving for Zero (which can be viewed or downloaded in [English](#) and [Spanish](#) at: <https://mhsoac.ca.gov>), as well as the Suicide Prevention Resource Center's (SPRC) Framework for Strategic Planning.



## Acknowledgements

*Thank you to our Council Members, who represent these and other groups:*

Aldea  
American Foundation for Suicide Prevention  
Bank of Marin  
CARE Network  
City of Napa  
Disability Services & Legal Center  
Napa County HHS/Mental Health  
Napa County Probation  
Individuals and families with lived experience  
LGBTQ Connection  
Live Healthy Napa County  
Mentis/Teens Connect  
Napa County Sheriff's Office  
Napa Valley College  
Napa County Mental Health Board  
Napa County Office of Education  
Napa Valley Unified School District  
NEWS Napa  
OLE Health  
On the Move  
Private practitioners  
Providence/QVMC  
Saint Apollinaris Catholic Church  
St. Helena Unified School District  
St. Joseph Home Health  
Up Valley Family Centers: Claro/a  
Veterans VA NorCal Healthcare System







## The Problem of Suicide in Napa County

A comprehensive approach to suicide prevention requires telling an in-depth story about suicide and suicide prevention in our local communities. Data is one source of information that helps support a common understanding of the problem and allows us to develop long term goals for suicide prevention and to set priorities. Everything cannot be changed at once; however, including the gathering, review, and consideration of data in our process allows us to:

- Dispel misconceptions and raise awareness about how suicide impacts our community
- Focus efforts and resources where the need is most severe
- Identify risk and protective factors to select interventions
- Persuade funders and decision makers to invest in/prioritize suicide prevention efforts
- Evaluate and measure change over time

We also know that data does not tell the entire story. Methods and/or approaches can be biased based on who is gathering or analyzing data. Historically, some methods of data and reporting have been used to perpetuate inequalities and justify leaving out people who should be at the center of our work.

However, when used with the goal of advancing justice, inclusion, and equity, gathering and sharing data can also be a powerful tool to help us get a more comprehensive view of the communities we serve and the problems we seek to address. Ideally these approaches work together to address health disparities -- for instance pairing listening sessions and individuals' stories with data helps us answer questions like: "Who is not at the table? Whose voice is not yet being heard?" Additionally, resource mapping of programs, trainings, services, supports, and community strengths as well as gaps can help us assess what we can build on and what gaps we need to fill.

Obtaining and reviewing data can help us answer these and other questions:

- Who is seeking help by reaching out or accessing services? Who isn't?
- Who is experiencing thoughts of suicide?
- Who is attempting suicide?
- Who is dying by suicide?
- How long does it take for survivors of loss to access support?
- What risk and protective factors are present?
- What care transitions exist? How well are these working? What can be improved?
- What community strengths can support suicide prevention efforts? What are the gaps?

Data on suicide is often obtained through vital statistics data. The most up-to-date data tables for California statewide violence-related causes of death, including suicide, can be found here: [Preliminary Monthly Statewide Violence-Related Death Counts \(PDF\)](#). This data shows monthly counts of deaths using preliminary vital statistics data and are updated quarterly. Death data can take a full year to be finalized, and the most current final vital statistics data are available on the [EpiCenter Dashboard](#).

Although the Injury and Violence Prevention Branch does not directly monitor mental health across the state, data on adult/teen perceived need, access, and use of mental health services and overall mental health status can be found within the [California Health Interview Survey \(CHIS\)](#), and the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

**Age-Adjusted Suicide Rate by County in California, 2018–2020, per California Violent Death Reporting System ([California Violent Death Reporting System \(CalVDRS\)](#)):** The overall suicide rate in California is 10.5, the highest county rate is in Shasta County (24.9) and the lowest rate is in Imperial County (5.8).

| County | Count | Rate | County Rank in the State |
|--------|-------|------|--------------------------|
| Napa   | 52    | 10.9 | 28 <sup>th</sup>         |

Additionally, the Napa Suicide Prevention Council works to obtain local data in collaboration with Public Health, our healthcare and hospital partners, and answer points for the 988 Suicide and Crisis Lifeline, amongst others, to gain as detailed, updated, and accurate a picture as possible of how suicide risk, behavior, and loss are affecting our community members.





## The Stigma

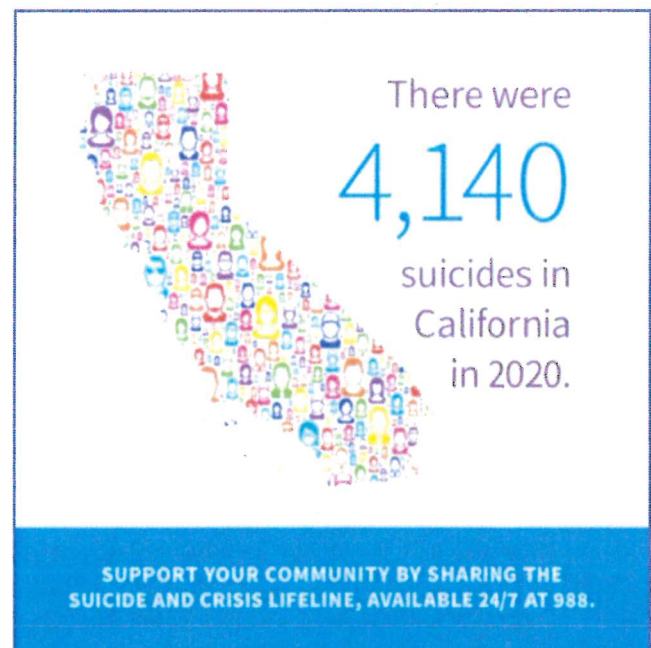
When sharing information about suicide data, it is important that we as individuals and organizations represent this using non-stigmatizing language and safe and effective messaging principles.

Along with the Data Workgroup of the Suicide Prevention Council, the Marketing Workgroup will continue to incorporate safe and effective messaging and reporting about suicide in Napa County. This includes messaging guidelines put forth by the Suicide Prevention Resource Center (<https://sprc.org/keys-to-success/safe-and-effective-messaging-and-reporting/>) and the Action Alliance ([suicidepreventionmessaging.org](https://suicidepreventionmessaging.org))

These toolkits include specific recommendations for being strategic in our messaging around suicide and suicide prevention, identifying opportunities to represent a positive narrative (such as, "Help is available") and following certain key guidelines to share information and data with the public in a safe, accurate, and effective manner.

## What Works?

The problem of suicide is complex, and effective suicide prevention requires a combination of efforts working together to address different aspects of the problem. A public health approach is comprehensive, including a range of strategies at the population, community, and individual levels to help prevent problems from occurring and address access to effective care when problems do occur. Programs that have taken the public health approach to suicide prevention have demonstrated reductions in suicidal behaviors, as well as other negative outcomes.







The Suicidal Crisis Path model<sup>1</sup> helps conceptualize a public health approach within the context of an individual's suicidal experience. It is a framework to match strategies and interventions that would help prevent suicide at each stage of the crisis pathway. This model describes important components and considerations for state-level and local or regional suicide prevention planning. It is also a powerful way to visualize the components of a comprehensive suicide prevention approach and the goals, objectives, and activities needed to address this in a comprehensive and broad way in our community. The Suicide Crisis Path is paired above with the nine strategies adapted from the Suicide Prevention Resource Center.

Each can be advanced through an array of possible activities (i.e., programs, policies, practices, and services). Each are briefly defined below with sample strategies and, where available, examples of existing local organizations and/or activities that represent forward motion in this area – for example, the comprehensive bilingual database of resources that include programs and agencies that offer supportive relationships, connection, and support available in Napa County, such as Family Resource Centers, school Wellness Centers and programs like Mentis and Teens Connect: <https://mentisnapa.org/resources/>. This provides a substantial base of local resources and efforts aligned with these various components of a comprehensive plan.

## Programs Serving Napa County

NAPA COUNTY  
Health & Human  
Services Agency

## Collective Values

We aim to integrate these principles throughout our work and across all areas of the plan:

- Integrating suicide prevention into and across existing initiatives
- Establishing and maintaining collaboration and linkages for collective impact.
- Striving for broad-based community representation and input
- Utilizing a lens of inclusivity, as well as cultural and language equity
- Reducing stigma and increasing awareness of supports
- Focus on thoughtful planning and timely implementation

<sup>1</sup> Based on Suicide Prevention Resource Center Comprehensive Approach to Suicide Prevention and the Suicidal Crisis Path Model developed by Lezine, D.A. & Whitaker, N.J., published in Fresno County's Community-Based Suicide Prevention Strategic Plan, 2018





## Strategic Plans Aims, Goals and Objectives

The Napa County Suicide Prevention Plan includes a comprehensive approach that will have the greatest potential to reduce suicide risk in our county. The initial plan is intended to cover a 3-year period of 2023-2026, with efforts focused on meeting the goals and objectives for this timeframe, as well as ideas and visioning for the future.

Our plan includes goals that will reach as many county residents as possible with education about warning signs and how to help, as well as strategies that will focus on residents who are at disproportionate risk of suicide and provide support and healing to those who are impacted by suicide.

### Strategic Aim 1: Maintain and Strengthen the Suicide Prevention Infrastructure

#### Goal 1: Maintain a broad-based Suicide Prevention Council that provides leadership and supports the partnerships that are necessary to reduce suicidal behavior in our county.

Suicide is a complex problem that requires ongoing solutions implemented by many sectors of society. Although behavioral health agencies are often tasked with leading suicide prevention efforts, responsibility lies with the whole community. No single agency or sector can solve this complex issue alone, but a diverse coalition that is truly representative of the community can ensure that suicide prevention gets the attention it deserves, as well as provide ongoing feedback and support to existing local agencies and their efforts.

**Objective 1.1** Ensure continued administrative/staffing support for the Council and designate Co-Chairs to lead and facilitate meetings and activities. Refine structure of Council to facilitate coordinated and effective leadership, as well as inclusive processes for Council and community member input.

**Objective 1.2** Continue to recruit new Council members, including from faith-based communities, first responders, health care, youth and seniors. Develop strategies to encourage active participation in council and related activities amongst existing and prospective members.

**Objective 1.3** Work with Council members to identify how they will partner to implement strategies within the Plan.

**Objective 1.4** The Council and leadership shall regularly review progress of strategies outlined in the plan to ensure the plan is being implemented as intended, as well as to modify the plan as needed to address emerging trends or other issues.

#### Goal 2: Collect and review data to better understand and address the problem and impact of suicide in our county.

While suicide can impact anyone, certain groups are disproportionately affected by suicide. Learning where to target some of our efforts can help ensure that they will make a difference for those that have the greatest need.

**Objective 2.1** Convene a work group to identify appropriate data indicators (and data sources) To track suicide mortality, morbidity, ideation, help-seeking and risk and protective factors.

**Objective 2.2** Utilize available sources of data and continue to build partnership with key individuals and organizations, such as the Coroner, public health/vital statistics, hospitals, Emergency Departments, service providers, and outside training evaluators.

**Objective 2.3** At least once per year the Council will review suicide-related data.

**Objective 2.4** As resources permit, publish an annual report to the community highlighting suicide prevention efforts in Napa County including the data related to the problem of suicide that is aligned with effective messaging around suicide





## Strategic Aim 2: Enhance Prevention to Minimize Risk for Suicidal Behavior by Promoting Safe Environments, Resiliency, and Connectedness.

### Goal 3: Enhance protective factors by promoting wellness and prevention, ensuring more people in Napa County are aware of suicide prevention and mental health resources.

People can learn skills to manage stressors, and to understand when they need to reach out for additional support. Increasing social connectedness can reduce stigma and isolation. Media, including the entertainment industry, can prevent suicide through responsible reporting of suicide death, by destigmatizing mental health needs, and by highlighting mental health resources.

**Objective 3.1** Convene a Marketing Workgroup to educate Napa County about Suicide Prevention and Suicide Loss (Postvention), raise awareness, and break the stigma around suicide. The workgroup will design an overall marketing strategy for the Suicide Prevention Council, including efforts ongoing throughout the year and during Suicide Prevention Month in September. The Marketing Workgroup will implement outreach and information activities to educate the community about wellness and prevention and increase awareness of services and supports. Additionally, the workgroup will update the Suicide Prevention Council page on the Napa County website, and will coordinate partner efforts around marketing wellness-related resources, including and not limited to:

Live Healthy Napa County: [Live Healthy Napa County - LHNC- Live Healthy Napa County](#)

Each Mind Matters Resource Center: <https://emmresourcecenter.org/>

Take Action for Mental Health: <https://takeaction4mh.com/> or  
<https://calmhhsa.myshopify.com/>

Know the Signs: <https://www.suicideispreventable.org/>

Directing Change: <https://directingchange.ca.org/>

California Department of Public Health:

<https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/SACB/Pages/SuicidePreventionProgram.aspx>

**Objective 3.2** Share information and resources with local media representatives and public figures/leaders. For example, write articles, provide information to the community, appear on local radio, etc. Utilize best practices for safe and effective messaging and responsible reporting on suicide prevention, including guidelines put forth by the following organizations:

#### The Suicide Prevention Resource Center

<https://sprc.org/keys-to-success/safe-and-effective-messaging-and-reporting/>

and the Action Alliance

<https://suicidepreventionmessaging.org>

**Objective 3.3** Convene a workgroup to coordinate planning for Suicide Prevention event. Participate in and connect to existing activities and events (including during Mental Health Awareness Month and Suicide Prevention Week, as well as specific events e.g. Awareness Walks, and the Youth Mental Health Summit).

**Objective 3.4** Plan and organize community events that promote resources and healing for those who have been impacted by suicide.

**Objective 3.5** Increase the presence of the Suicide Prevention Council within diverse community settings such as health fairs, farmers markets, Family Justice Center, schools, and local organizations.

**Objective 3.6** Continue to deliver community presentations (such as QPR) to gatekeepers and populations at disproportionate risk of suicide in Napa County. Convene a Training Workgroup to coordinate and track community education activities.





#### Goal 4: Create safe environments by reducing access to lethal means.

Reducing access to lethal means is the most evidence-based suicide prevention strategy. Risk for suicide can be reduced by reducing environmental threats to safety, while building individual, family, and community resiliency. Eliminating or reducing access to lethal means creates time and opportunity for intervention during what are often transient crises.

There are four basic ways to restrict or reduce access to lethal means by persons at imminent risk of suicide:

1. Place the person in a safer environment
2. Put a barrier between the person and the means
3. Create time between the person and the means
4. Make the means (and an attempt) less lethal

There are some common elements among any means safety efforts: a public awareness component, where information and resources are available to help people understand the importance of means safety and how they can use the information; training for key gatekeepers that offers specific information about their role in promoting and supporting means safety; and lethal means counseling from providers and others that are in an important position to intervene with those at highest risk. Means safety approaches vary depending on the means in question, its availability in the environment, legal issues, and individual factors. For effective suicide prevention strategies, it is important to know the means of death by suicide and how it varies between different socio-demographic groups.

**Objective 4.1** Disseminate information to local gun shop and firing range owners, as well as local law enforcement agencies to increase awareness of suicide prevention efforts, suicide warning signs, and available resources. Examples include the resources available through:

**American Foundation for Suicide Prevention (AFSP)**

<https://afsp.org/firearms-and-suicide-prevention>

**National Shooting Sports Foundation & AFSP**

<https://www.nssf.org/safety/suicide-prevention/suicide-prevention-toolkit/?hlite=suicide>

**Objective 4.2** Promote safe medication disposal methods in the community or through pharmacies and other health care providers, including activities such as “take back” campaigns that help people dispose of unused or expired medications. Partner with local pharmacies to increase the availability of methods to dispose of unused medication and highlight suicide and overdose prevention resources for people filling prescriptions.

**Objective 4.3** Disseminate information through local health departments to community partners about available overdose prevention resources, methods, and medications to counteract overdose, such as naloxone for opioid overdose. Partner with local efforts and organizations coordinating these or similar activities. Example campaigns, toolkits, and resources include:

**Napa Opioid Safety Coalition**

[Home | My Site \(napaosc.wixsite.com\)](http://napaosc.wixsite.com)

**Statewide Striving for Safety Website**

[Home - MHSOAC - Means Safety \(strivingforsafety.org\)](http://Home-MHSOAC-Means-Safety(strivingforsafety.org))

**Objective 4.4** Promote trainings such as Counseling on Access to Lethal Means

<https://zerosuicidetraining.edc.org/enrol/index.php?id=20>

and resources such as the **Bullet Points Project**

<https://www.bulletpointsproject.org/>

to mental health, substance use and health care providers.





**Strategic Aim 3: Increase early identification of suicide risk and connection to services for those who are at highest risk in the least restrictive setting.**

Crisis services are an important part of a comprehensive approach to suicide prevention. Although the term crisis services is often used to refer to hotlines or helplines, it also encompasses other programs that provide assessment, crisis stabilization, and referral to an appropriate level of ongoing care. Each of these supports and services can be provided individually but will have the greatest level of impact when all efforts are in place and connected.

A community's response to and support for someone in crisis starts much earlier (for example, earlier in the continuum, for someone who says "yes" when queried about suicidal thoughts, to consider for how we train and whom we train to assess or intervene in our communities.

Individuals may present with a need for crisis services in different ways, at different times, to different care providers or helpers. Creating and encouraging a system of collaboration, information sharing, and mutual support amongst crisis response service providers is to the benefit of the individual community members, organizations, first responders, and the overall community.

Providing a full range of crisis services can reduce suicides when paired with mental health follow-up care. Many communities offer two or three types of crisis care, but few provide a full continuum of services designed to provide the right care at the right time in the least restrictive setting. However, this is changing as we learn more about the cost-effectiveness and positive outcomes associated with providing a full continuum of care.

Similarly, the care and treatment following the initial crisis often impacts not only the length and severity of the current crisis, but – as a form of upstream prevention – can be critical to equipping the individual, organization, and community with effective strategies and skills to cope with and de-escalate future crises as they emerge.

**Goal 5: Support and foster collaboration and improvement across systems and programs that serve those at risk. Identify and support activities across various community settings that can connect individuals thinking about suicide to effective interventions.**

With education and support, anyone can recognize the warning signs of suicide and can learn to communicate effectively with people at risk to determine the type of support needed. Programs and partnerships that enhance connections between providers in different settings and ensure that people are aware of the resources that are available can empower people at risk to recognize their personal warning signs, identify coping strategies and a supportive social network, reduce access to lethal means, and seek professional, peer, and/or personal supports to help navigate and manage suicide crises.

**Objective 5.1** Review existing programs to gain a comprehensive understanding of what programs and infrastructures are already in place to address suicide prevention.

**Objective 5.2** Develop and keep updated a continuum of care guide for navigating the mental health resources in Napa County and ensure it is widely available.

**Objective 5.3** Review data and establish a community engagement process to identify underserved populations and understand what services are in place and where the gaps need to be filled to better connect people to appropriate services and supports.





### **Goal 6: Improve the availability and accessibility of timely services and supports for people experiencing suicidal behavior.**

Crisis services and support also can assist with assessing for suicide risk and connection to services, and must be widely available, accessible, and varied to benefit the diverse range of people in need of help.

**Objective 6.1** Promote best practices such as screening, risk assessment, and safety planning for providers in key settings and schools to increase consistency of care.

**Objective 6.2** Map out how individuals in a suicidal crisis are connected with help (crisis response system in Napa County) and recommend interventions that promote de-escalation and supports in the least restrictive setting.

**Objective 6.3** Promote crisis resources and warm lines.

**Objective 6.4** Partner with health, mental health, and substance use disorder care systems to identify and promote ways to improve continuity of care when individuals are transitioning from care settings following services for suicidal behavior.

**Objective 6.5** Identify and map existing follow-up programs for individuals who have received suicide-related services, such as after a suicide attempt. Explore the feasibility of enhancing existing services or implementing new programs.

### **Goal 7: Expand community response and support services after a suicide loss**

**Objective 7.1** Establish and maintain a Survivors of Suicide Loss Workgroup of the Napa Valley Suicide Prevention Council. The workgroup will support survivors of suicide loss with education, resources, and professional support and continue to expand the availability of suicide bereavement support programs that are designed and implemented specifically by, for, and with suicide loss survivors.

**Objective 7.2** Promote training opportunities and resources to equip mental health service providers to support individuals grieving a suicide loss.

**Objective 7.3** Identify and promote existing postvention resources or strategies in specific community settings (such as schools, workplace, corrections, etc.)

**Objective 7.4** Organize annual event for suicide loss survivors in Napa or support/partner with neighboring counties.

**Objective 6.5** Produce and distribute Resource Cards for Survivors of Suicide Loss with current information. Distribute to appropriate agencies or community partners, as outlined by Survivors of Suicide Loss Workgroup.

### **Goal 8: Support districts and schools in implementing comprehensive suicide prevention in the school-setting**

**Objective 8.1** Partner with Napa County Office of Education to assess how districts and schools are aligning with policy mandates for implementing suicide prevention, intervention and postvention efforts.

**Objective 8.2** Promote trainings and educational resources to districts and schools. Examples include QPR, training on screening and risk assessment, re-entry after a suicide attempt, postvention in school settings, and youth & parent engagement.

**Objective 8.3** Promote programs that increase protective factors and decrease risk factors, including peer-based clubs and approaches.

**Objective 7.4** Promote the free [Directing Change](#) youth suicide prevention program to schools in Napa County to prepare young people to recognize signs of suicide and how to offer support.





### Strategic Aim 4: Coordinate training activities countywide to ensure that more people recognize warning signs and how to help someone who may be thinking about suicide.

Training is an essential component of our strategic plan. Training helps to foster consistent knowledge, skills, and abilities for those who are in a key position to recognize and respond to suicide risk and helps connect the community in meaningful ways. Training models are available that vary in length and intensity and that are tailored for particular populations and settings. Implementing a range of training models can help ensure that more people in our community have the knowledge and skills needed to recognize and intervene when someone may be thinking about suicide.

### Goal 9: Develop and implement a training plan that prepares the community and providers in Napa County to recognize and respond to suicide risk.

**Objective 9.1** Establish a Training Workgroup within the Suicide Prevention Council to coordinate existing training resources and opportunities. The Training Workgroup, together with others, will also assess current training opportunities, models, and gaps and identify training opportunities and resources for organizations within Napa County.

**Objective 9.2** Provide training to community groups on the prevention of suicide. Prioritize training on recognizing and responding to suicide risk within key settings such as workplaces, schools, youth-serving programs, older adult residential living facilities, and senior services programs.

**Objective 9.3** Explore training formats that are infused with cultural norms of underserved and at-risk populations in Napa County. Address the needs of vulnerable groups and tailor to the cultural and situational contexts within our community.

### Together We Can Make a Difference!

Achieving our vision of eliminating suicide in Napa County will require the support of everyone in our community. We need your help. Whether it is providing us with feedback about this plan, learning more about warning signs and how to help yourself or someone else, or finding new ways to connect with others in our community, you too can make a difference. With the support and partnership of individuals, agencies, and organizations, we can prevent suicide.

To stay connected with current efforts and learn how to get involved, please visit our webpage:

[Napa County Suicide Prevention Council | Napa County, CA \(countyofnapa.org\)](http://NapaCountySuicidePreventionCouncil.org)

#### Are you concerned for someone else?

Pain isn't always obvious. Reach out to someone you are concerned about if you observe one or more of these warning signs, especially if the behavior is new, has increased or seems related to a painful event, loss or change:

#### Warning signs to look for:

- |                                              |                                 |                        |
|----------------------------------------------|---------------------------------|------------------------|
| • Talking about or wanting to die or suicide | • Putting affairs in order      | • Anxiety or agitation |
| • Looking for way to kill themselves         | • Reckless behavior             | • Changes in sleep     |
| • Feeling hopeless, desperate, trapped       | • Uncontrolled anger            | • Sudden mood changes  |
| • Giving away possessions                    | • Increased drug or alcohol use | • No sense of purpose  |
|                                              | • Withdrawal                    |                        |

#### If you are concerned about someone, reach out and ask: "Are you thinking about suicide?"

If you think the person is suicidal, take it seriously. Don't leave them alone. Call or text the National Suicide and Crisis Lifeline at 988 or call 911 for life-threatening emergencies.

Visit [suicideispreventable.org](http://suicideispreventable.org) to learn if someone you know might be at risk.





## Additional Resources to Learn More About Suicide Prevention



### **Mental Health Services Oversight and Accountability Commission**

[Striving for Zero, California's Strategic Plan for Suicide Prevention](#)  
[Striving For Zero Learning Collaborative Modules and Resources](#)



### **California Mental Health Services Authority**

[Know the Signs Strategic Planning for Suicide Prevention Learning Collaborative](#)  
[Know the Signs](#)

[The Surgeon General's Call to Action to Implement National Strategy for Suicide Prevention](#)



### **Centers for Disease Control and Prevention**

[Preventing Suicide: A Technical Package of Policy, Programs, and Practices](#)



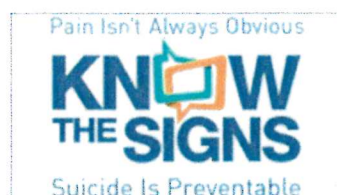
### **National Action Alliance for Suicide Prevention**

[Transforming Communities: Key Elements for the Implementation of Comprehensive Community-Based Suicide Prevention](#)  
[National Action Alliance for Suicide Prevention](#)

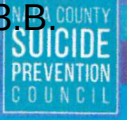


### **Suicide Prevention Resource Center**

[Suicide Prevention Resource Center](#)







# **Condado de Napa – Plan Estratégico para la Prevención del Suicidio**

**2023 - 2026**

*Presentado por*

*Consejo de Prevención del Suicidio  
del Condado de Napa*







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Personas que reciben apoyo de amigos y familiares y tienen acceso a servicios de salud mental tienen menos probabilidades de actuar cuando tienen pensamientos suicidas.

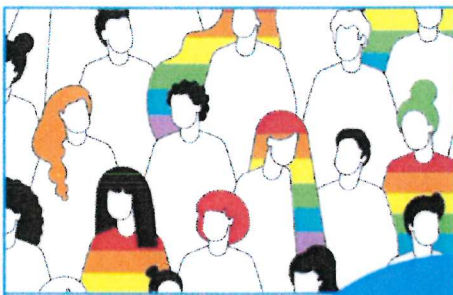
Para apoyo de crisis confidencial las 24 horas del día 7 días a la semana en español, llame o envíe un mensaje de texto al 988 y presione 2



En 2020, 521 jóvenes de California de edades 10 a 24 perdieron su vida al suicidio.

Sus futuros eran importantes al igual que el suyo.

Para apoyo de crisis confidencial las 24 horas del día 7 días a la semana en español, llame o envíe un mensaje de texto al 988 y presione 2



En 2019, LGBTQ+ estudiantes de secundaria tenían el doble de probabilidades que sus compañeros heterosexuales de planificar cómo intentarían suicidarse.

Para apoyo de crisis confidencial las 24 horas del día 7 días a la semana en español, llame o envíe un mensaje de texto al 988 y presione 2



En 2020, Jóvenes de California de entre 18 y 24 años experimentaron pensamientos suicidas más que cualquier otro grupo de edad.



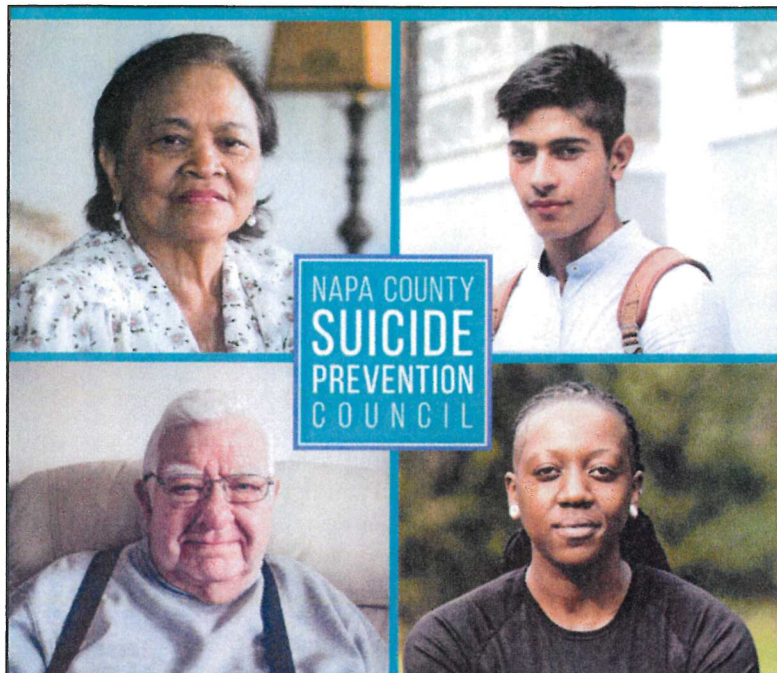


**NAPA COUNTY**

**Health & Human  
Services Agency**



**NAPA COUNTY  
SUICIDE  
PREVENTION  
COUNCIL**



**NAPA COUNTY  
SUICIDE  
PREVENTION  
COUNCIL**

**If you are in crisis, Call or Text  
988 for the Suicide & Crisis Lifeline**

**Kung ikaw ay nakararanas ng krisis o nagtatangkang  
magpakamatay, tumawag o mag-text sa  
988 upang humingi ng tulong**

**Si usted está en crisis, Llame o Envíe un Texto al  
988 para la línea de suicidio o crisis**

**Apoyo es disponible. Si usted o alguien que conoce  
necesita ayuda, por favor comuníquese hoy:**

**Línea de crisis 24 horas para Salud Mental  
707-253-4711**



**Línea de Crisis Nacional de Suicidio  
Llame o mande texto 988**

Oprima 1 para ser transferido a la línea para Veteranos  
Oprima 2 para ser transferido a la línea de Crisis en español  
Oprima 3 para ser transferido a la línea de Crisis LGBTQ+

Para personas que están sordos o con dificultad  
auditivas,

Llame al: 800-799-4889

**Línea de texto de Crisis**

**Línea de texto de Crisis en español**

Manda texto **HOLA** a 741741

Apoyo para alguacil,

Llama a la Línea COPLINE 800-267-5463

Los demás socorristas necesitando apoyo llamen al

Fire/EMS Helpline al 888-731-FIRE (3473)

Para Jóvenes LGBTQ, llamen al Trevor Project

866-488-7386 o mande texto START al 678678

Para personas transgénero, llamen al Trans Lifeline

877-565-8860

Para adolescentes necesitando hablar con algún, llamen  
TEEN LINE

310-855-4673 o mande texto TEEN al 839863

**Si has perdido a alguien a causa del suicidio, tal vez está en busca de apoyo para usted mismo o para alguien que conoce.  
Recursos locales están disponibles para personas que han perdido a alguien a causa del suicidio. No está solo (a).**

#### **RECURSOS LOCALES PARA SALUD MENTAL**

##### **Terapeutas de Trauma y Duelo**

Llama a Collabria y pide un Consejero de duelo o referencias  
para terapeutas externos

414 S. Jefferson Street, Napa - (707) 258-9080

**Acceso a Salud Mental del Condado de Napa:**  
(707) 259-8151

**24-horas Línea De Crisis:** (707) 253-4711

**Equipo de Respuesta Móvil del Condado de Napa**  
Lunes a viernes, 8am-5pm (707) 299-2111

**Mentis:** (707) 255-0966 ext. 132

**Servicios Para Niños/as y Familias de Aldea:** (707) 224-8266

**OLE Health:** (707) 254-1770

**LGBTQ Connection:** (707) 251-9432

#### **GRUPOS DE APOYO PARA SOBREVIVIENTES DE PÉRDIDA POR SUICIDIO**

##### **Los Amigos Compasivos**

Grupo de apoyo después de la muerte de un niño/a-Cada 3er jueves del mes a las 7pm  
Queen of the Valley Synergy - 3421 Villa Lane, Napa - (707) 258-1623

##### **Friends for Survival**

Grupo de Apoyo y Recursos (916) 392-0664 - [www.friendsforsurvival.org](http://www.friendsforsurvival.org)

**Línea de Ayuda para sobrevivientes de pérdidas por suicidio:** (800) 646-7322

##### **Collabria Care**

Grupos de apoyo para sobrevivientes de pérdidas por suicidio -  
proporcionado por consejeros de duelo  
414 S. Jefferson Street, Napa - (707) 258-9080

##### **Conferencia Internacional Día de Sobrevivientes**

Para los sobrevivientes de la pérdida del suicidio Anualmente, el sábado  
antes del Día de Acción de Gracias. Para más información y registro:  
visita [afsp.org/survivorday](http://afsp.org/survivorday)

##### **Fundación Americana Para la Prevención**

Del Suicidio "Conversaciones Sanadoras" Grupos de apoyo para sobre-  
vivientes de pérdidas por suicidio - Visita: [www.afsp.org](http://www.afsp.org) y sigue los pasos  
en el link "get help"





## Introducción

Este plan ha sido desarrollado por la Agencia de Salud y Servicios Humanos del Condado de Napa junto con el Consejo de Prevención del Suicidio del Condado de Napa. La intención es de reflejar en las prioridades, logros, y las necesidades para la prevención del suicidio en nuestro condado y describir el enfoque integral de la prevención del suicidio. Solo con el enfoque integral podemos seguir adelante así a nuestra visión de eliminar por completo suicidios en el Condado de Napa.

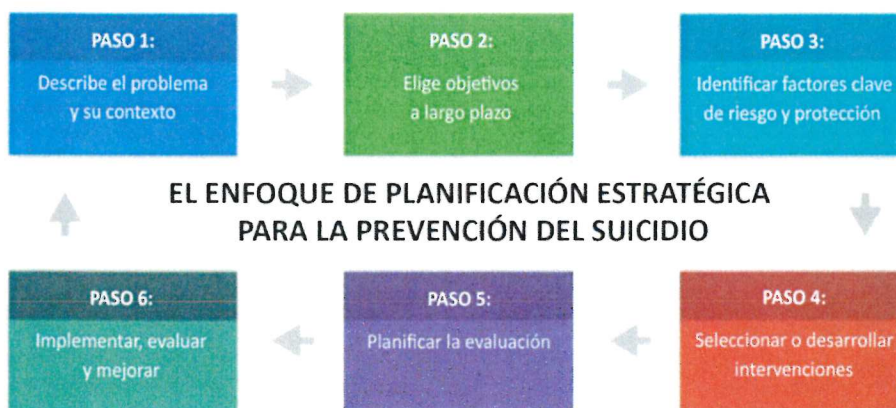
Esta visión puede parecer un poco realista, pero el Consejo de Prevención del Suicidio del Condado de Napa cree que prevención es posible si la acción tomada es audaz. Eliminando el suicidio va a requerir del apoyo de nuestra comunidad entera, desde agencias y socios organizacionales a cada uno de nosotros. Cada persona debe poner su granito de arena para ayudar a prevenir el suicidio. Este plan pone en pie estrategias para que cada persona determine su lugar en este plan.

El Consejo de Prevención del Suicidio del Condado de Napa apoya esfuerzos que existen localmente para la prevención del suicidio y para reducir el estigma. Estamos activamente trabajando en llenar cualquier espacio no identificado para la prevención del suicidio en todo el país, mientras desarrollamos un plan basado en las necesidades de nuestra comunidad y sea basado de las experiencias reales de nuestra comunidad. Las estrategias están delineadas en alineamiento con el Plan Estratégico de Prevención del Suicidio del estado de California, esfuerzos para eliminar el suicidio (que pueden ser vistos o descargados en [Engles](https://mhsoac.ca.gov) y [Espanol](https://mhsoac.ca.gov) : <https://mhsoac.ca.gov>), Y también en Suicide Prevention Resource Center's (SPRC) Framework para el Plan Estratégico.

## Agradecimientos

*Gracias a nuestros miembros del Consejo, quiénes representan a estos grupos:*

Aldea  
American Foundation for Suicide Prevention  
Bank of Marin  
CARE Network  
City of Napa  
Disability Services & Legal Center  
Napa County HHS/Mental Health  
Napa County Probation  
Individuals and families with lived experience  
LGBTQ Connection  
Live Healthy Napa County  
Mentis/Teens Connect  
Napa County Sheriff's Office  
Napa Valley College  
Napa County Mental Health Board  
Napa County Office of Education  
Napa Valley Unified School District  
NEWS Napa  
OLE Health  
On the Move  
Private practitioners  
Providence/QVMC  
Saint Apollinaris Catholic Church  
St. Helena Unified School District  
St. Joseph Home Health  
Up Valley Family Centers: Claro/a  
Veterans VA NorCal Healthcare System







## El Problema del Suicidio en el Condado de Napa

El enfoque integral para la prevención del suicidio requiere una historia profunda sobre el suicidio y la prevención en nuestra comunidad. Estadísticas son un buen recurso que ayuda a entender el problema y permite el desenrollamiento de metas a largo plazo para la prevención del suicidio y establecen prioridades. Todo no puede cambiar a la vez; sin embargo, reuniendo, revisando, y considerando las estadísticas en nuestro proceso nos permite:

- Eliminar conceptos erróneos, y crear conciencia de como el suicidio afecta nuestra comunidad
- Enfocar nuestros recursos donde haiga más necesidad
- Identificar riesgos y factores para seleccionar prevenciones
- Convencer a fundadores y personas con voto a invertir/priorizar esfuerzos para prevenir el suicidio
- Evaluar el cambio a lo largo del tiempo

Estamos conscientes que las estadísticas no nos proveen la historia completa. Métodos o enfoques pueden ser parcial dependiendo quien está colectando y analizando la información. En el pasado, algunos métodos de coleccionar información y reportarla han sido usados para justificar desigualdad y dejar fuera las personas que deben estar al frente de ese trabajo.

Sin embargo, tenemos la meta de avanzar justicia, inclusión, igualdad, reunir y compartir información puede ser una herramienta muy poderosa para obtener el punto de vista de las comunidades que servimos y los problemas que buscamos entender. Idealmente, estos enfoques trabajan juntos para resolver disparidades de salud – por ejemplo, uniendo sesiones de individuos de consejo puede ayudarnos a contestar preguntas como: "Quien no está participando? Adicionalmente, podemos tomar apunte de recursos, programas, entrenamientos, servicios, apoyo, y si ay espacio donde podemos mejorar.

Obteniendo y revisando información nos puede ayudar a contestar estas preguntas:

- ¿Quién está buscando ayuda y están llamando o recibiendo servicios?
- ¿Quién no?
- ¿Quién tiene pensamientos de suicidio?
- ¿Quién está intentando suicidarse?
- ¿Quién está falleciendo a causa del suicidio?
- ¿Cuánto tiempo demora un sobreviviente para pedir ayuda?
- ¿Qué riesgos y factores están presentes?
- ¿Qué transiciones existen? ¿Como están funcionando?
- ¿Qué se puede mejorar?
- ¿Cuáles esfuerzos de la comunidad pueden brindar apoyo para la prevención del suicidio?

Información sobre el suicidio es obtenido por medio del programa de estadística vital. Para información actual para el estado de California de muertes causadas por violencia, incluyendo suicidio, se pueden encontrar en la siguiente página: [Preliminary Monthly Statewide Violence-Related Death Counts \(PDF\)](#). Se puede ver mes por mes cuantas personas han fallecido usando información de estadística vital que cada tres meses esta actualizada. Datos de muertes pueden durar un año para finalizarse, y la información más actual está disponible en [EpiCenter Dashboard](#).

A pesar de que la Subdivisión de Prevención de Lesiones y Violencia no monitorea directamente salud mental en todo el estado, datos de adulto/jóvenes, necesidad percibida, acceso y el uso de servicios de salud mental pueden ser encontrado en [California Health Interview Survey \(CHIS\)](#), y [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

**Tasa de suicidio ajustada por edad y por condado de California, 2018–2020, según el Sistema de Reporte de Muertes Violentas de California ([California Violent Death Reporting System \(CalVDRS\)](#)):** La tasa general de suicidios en California es 10.5, la tasa más alta del condado es en el Condado de Shasta (24.9) y la tasa más bajo es en el Condado de Imperial (5.8).

| Condado | Cuenta | Tasa | Rango del Condado en el Estado |
|---------|--------|------|--------------------------------|
| Napa    | 52     | 10.9 | 28                             |

Adicionalmente, el Consejo de Prevención del Suicidio de Napa trabaja para obtener datos locales en colaboración de Salud Pública, nuestros socios hospitalarios y de atención médica y puntos de respuesta para la línea 988 que es para la Prevención del Suicidio y Crisis, entre otros, para obtener una imagen actualizada y precisa de como el comportamiento de riesgo de suicidio y perdida están afectando a miembros de nuestra comunidad.



## El Estigma

Es importante que, al compartir información sobre datos del suicidio, individuales y organizaciones representen los datos sin usar un lenguaje estigmatizante y que sea un mensaje seguro y efectivo.

Junto con el grupo de Datos del Consejo de Prevención del Suicidio, el grupo de Marketing va a continuar a incorporar un mensaje efectivo y seguro al compartir mensajes sobre suicidio en el Condado de Napa. Esto incluye recomendaciones que ha puesto el Suicide Prevention Resource Center (<https://sprc.org/keys-to-success/safe-and-effective-messaging-and-reporting/>) y el Action Alliance ([suicidepreventionmessaging.org](https://suicidepreventionmessaging.org))

Estos kits de herramientas incluyen recomendaciones específicas para ser estratégicos en nuestros mensajes sobre el suicidio y la prevención del suicidio, identificando oportunidades para representar un narrativo positivo (como, "Ayuda es disponible") y seguir ciertas recomendaciones para compartir información y datos con el público de manera precisa, segura y efectiva.

## ¿Que funciona?

El problema de suicidio es complejo, y para tener prevención efectiva del suicidio se requiere una combinación de esfuerzos que trabajan juntos para afrontar diferentes aspectos del problema. Un enfoque de salud pública es integral, incluyendo una estrategia en la población, comunidad, y al nivel individual para ayudar a prevenir problemas y de afrontar el acceso a atención eficaz cuando ocurren problemas. Programas que han tomado un enfoque de salud pública integral a la prevención del suicidio han visto la reducción en el comportamiento suicida al igual a otros resultados negativos.







El modelo de ruta de Crisis Suicida ayuda a conceptualizar un enfoque de salud pública dentro del contexto de la experiencia suicida de un individuo. Es una estructura que coincide con estrategias y intervenciones que ayudan a prevenir el suicidio en cada etapa del camino de crisis. Este modelo describe componentes importantes y consideraciones a nivel estatal, local o regional de la planificación de la prevención del suicidio. También es una manera de visualizar los componentes integrales de la prevención del suicidio y afrontar las metas, objetivos, y actividades que son necesarias para compartir en nuestra comunidad. La ruta de Crisis Suicida es alineada con nueve estrategias que fueron adoptadas del Suicide Prevention Resource Center.

Cada uno puede ser avanzado por actividades (i.e., programas, pólizas, prácticas, y servicios). Cada uno están braviamente definidos abajo con ejemplos y estrategias y, donde están disponible, ejemplos de organizaciones locales y actividades que van hacia adelante en esta área – por ejemplo, base de datos bilingüe integral de recursos que incluye programas y agencias que ofrecen una relación de apoyo, conexión, y apoyo disponible en el Condado de Napa, como Family Resource Centers, Centros de bienestar escolares y programas como Mentis y Teens Connect: <https://mentisnapa.org/resources/>. Esto provee una base de recursos locales y esfuerzos alineados con varios componentes del plan integral.

## Programas Sirviendo al Condado de Napa



**NAPA COUNTY**  
Health & Human  
Services Agency



## Valores Colectivos

Nuestro objetivo es integrar estos principios a través de nuestro trabajo y en nuestro plan:

- Integrando la prevención del suicidio a través de las iniciativas existentes
- Establecer y mantener la colaboración para obtener impacto colectivo
- Esfuerzos por tener una representación amplia en la comunidad
- Utilizando un lente de inclusión, y equidad cultural y lingüística
- Reduciendo el estigma y creando conciencia de la comunidad
- Enfocarse cuidadosamente en un plan y implementarlo a su tiempo





## Objetivos y Metas del Plan Estratégico

El plan de Prevención del Suicidio en el Condado de Napa incluye un enfoque integral que contiene un gran potencial de reducir el riesgo del suicidio en nuestro condado. El plan inicial es de cubrir un periodo de 3 años- 2023-2026, enfocando los esfuerzos en cumplir los objetivos y metas para ese periodo, al igual de tener una visión para el futuro.

Nuestro plan incluye metas para alcanzar lo más que se pueda a residentes del condado con educación de cuáles son los signos de alerta y como pueden ayudar, al igual de estrategias que enfocan en residentes que están en riesgo del suicidio y proveer apoyo a quienes han sido impactados por el suicidio.

### Objetivo Estratégico 1: Mantener y Fortalecer la Infraestructura de Prevención del Suicidio

#### **Meta 1: Mantener un Consejo de base amplia para la Prevención del Suicidio que proporciona liderazgo y apoya asociaciones necesarias para reducir el comportamiento suicida en nuestro condado.**

El suicidio es un problema complejo que requiere seguimiento de soluciones por varios sectores de la sociedad. Aunque el Departamento de Salud Conductual se enfoca en esfuerzos para la prevención del suicidio, es la responsabilidad de la comunidad entera. No existe una agencia o departamento que puede resolver solo este problema tan complejo, pero una colaboración diversa que represente a la comunidad puede asegurar que se crea conciencia dentro de la comunidad para prevenir el suicidio y reciba la atención que se merece al igual de recibir seguimiento y apoyo para agencias locales.

**Objetivo 1.1** Asegurar el apoyo continuo administrativo y de personal para el Consejo y designar colíder para dirigir y facilitar juntas y actividades. Refinar la estructura del Consejo para facilitar un liderazgo coordinado y eficaz, y proveer un proceso inclusivo para que el Consejo y comunidad puedan opinar.

**Objetivo 1.2** Continuar a reclutar nuevos miembros para el Consejo, incluyendo comunidades basados en la fe, personal de primeros auxilios, hospitales, jóvenes y personas de la tercera edad. Desarrollar estrategias para promover participación en el consejo y actividades relacionados con miembros y posibles miembros.

**Objetivo 1.3** Colaborar con miembros del consejo para identificar como pueden asociarse para implementar estrategias de el plan.

**Objetivo 1.4** El Consejo y miembros de liderazgo deben revisar el progreso de las estrategias delineadas en el plan para asegurarse que se estén implementando según lo previsto y modificar el plan como vean necesario.

#### **Meta 2: Colectar y revisar datos para comprender mejor y tratar el problema del impacto que el suicidio tiene en nuestro condado.**

Mientras el suicidio puede afectar a cualquier persona, ciertos grupos son más afectados. Aprendiendo dónde dirigir nuestros esfuerzos puede hacer mucha diferencia para los grupos con más necesidad.

**Objetivo 2.1** Convocar un grupo para identificar datos para realizar un seguimiento de mortalidad por suicidio, morbilidad, ideación, búsqueda de ayuda y factores de riesgo y protección.

**Objetivo 2.2** Utilizar fuentes disponibles de datos para continuar a construir asociaciones con individuos y organizaciones clave, como el juez de primera instancia, salud público/estadísticas vitales, hospitales, departamento de emergencia y proveedores de servicios.

**Objetivo 2.3** Por lo menos una vez al año el Consejo revisara datos relacionados al suicidio.

**Objetivo 2.4** Según lo permitan los recursos, publicar anualmente un reporte destacando los esfuerzos sobre la prevención del suicidio en el Condado de Napa para la comunidad. Esto incluirá información relacionada con el problema del suicidio con mensajes efectivos sobre el suicidio.





## **Objetivo Estratégico 2: Mejorar la Prevención para Minimizar Comportamiento Suicida Promoviendo Ambientes Seguros, Resiliencia y Conectividad.**

### **Meta 3: Mejorar los factores protectores promoviendo bienestar y prevención, asegurando que más personas en Napa estén conscientes de la prevención del suicidio y de recursos para la salud mental.**

Toda persona puede aprender habilidades para manejar situaciones estresantes, y cuando deben de pedir apoyo. Aumentando conexiones sociales puede reducir aislamiento y estigma. Medios de comunicación, incluyendo la industria de entretenimiento, pueden prevenir el suicidio reportando responsablemente muertes por suicidio, desestigmatizando las necesidades de salud mental, y destacando los recursos de salud mental.

**Objetivo 3.1** Convocar un grupo de Marketing para educar a el Condado de Napa sobre la Prevención del Suicidio y la pérdida asía el suicidio, aumentar conciencia, y romper el estigma acerca del suicidio. El grupo diseñará una estrategia de marketing para el Consejo de la Prevención del Suicidio, que incluye los continuos esfuerzos durante el año y durante el mes de la Prevención del Suicidio en septiembre. El Grupo de Marketing implementara actividades de publicar información para educar a la comunidad sobre el bienestar y prevención y aumentar conciencia de servicios y apoyo. El grupo también actualizará la página por internet sobre El Consejo de la Prevención del Suicidio del Condado de Napa, y coordinará asociaciones y esfuerzos acerca de marketing relacionados de recursos para el bienestar, que incluye:

Live Healthy Napa County: [Live Healthy Napa County - LHNC- Live Healthy Napa County](#)

Each Mind Matters Resource Center: <https://emmresourcecenter.org/>

Take Action for Mental Health: <https://takeaction4mh.com/> or  
<https://calmhsa.myshopify.com/>

Know the Signs: <https://www.suicideispreventable.org/>

Directing Change: <https://directingchange.ca.org/>

California Department of Public Health:

<https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/SACB/Pages/SuicidePreventionProgram.aspx>

**Objetivo 3.2** Compartir información y recursos con representantes de los medios y figuras públicas/lideres. Por ejemplo, escribir un artículo, que comparte información para la comunidad, ir a la estación de radio local, etc. Utilizar la mejor manera de proveer un mensaje efectivo de manera responsable que comparte información de la prevención del suicidio con regulaciones que fueron proveídos por:

**The Suicide Prevention Resource Center**

<https://sprc.org/keys-to-success/safe-and-effective-messaging-and-reporting/>

and the **Action Alliance**

<https://suicidepreventionmessaging.org>

**Objetivo 3.3** Convocar un grupo para coordinar y planear un evento enfocado a la Prevención del Suicidio. Participar en actividades y eventos que ya existen (durante el mes de Crear Conciencia de Salud Mental y la Semana de la Prevención del Suicidio, y eventos específicos como Caminatas para Crear Conciencia, y Comité de Salud Mental de Jóvenes).

**Objetivo 3.4** Planear y organizar eventos en la comunidad que promueven recursos de sanación para las personas que has sido impactadas por el suicidio.

**Objetivo 3.5** Aumentar la presencia del Consejo de Prevención del Suicidio en diversos entornos comunitarios como ferias de salud, mercados de agricultores, Centro de Justicia Familiar, escuelas, y organizaciones locales.

**Objetivo 3.6** Seguir brindando presentaciones a la comunidad (por ejemplo, QPR) a la población que está en riesgo del suicidio en el Condado de Napa. Convocar un grupo que provee entrenamientos y puedan mantener seguimiento de educación y actividades que han sido ofrecidos a la comunidad.





#### **Meta 4: Crear un ambiente seguro reduciendo medios letales.**

Reduciendo acceso a medios letales es la estrategia de prevención del suicidio más basada en evidencia. El riesgo de suicidio se puede reducir reduciendo las amenazas ambientales, mientras construyendo una familia y resiliencia comunitaria. Eliminando o reduciendo acceso a medios letales crea tiempo y oportunidad para intervención durante lo que llamamos crisis transitorias.

Hay cuatro maneras básicas para reducir el acceso de medios letales para personas en riesgo del suicidio:

1. Poner a la persona en un ambiente seguro
2. Poner una barrera entre la persona y los medios letales
3. Crear tiempo entre la persona y los medios letales
4. Hacer que el intento y los medios sean menos letal

Hay elementos comunes entre esfuerzos de seguridad: un componente es de crear conciencia para él publicó, donde información y recursos están disponibles para ayudar y entender la importancia de seguridad y como usar la información; entrenamientos para guardianes clave que ofrecen información específica sobre su función y responsabilidad de como promover y apoyar con seguridad; también proveer asesoramiento de proveedores o de personas que están en una posición importante y puedan intervenir con personas de alto riesgo. Dependiendo del medio es como se miden los enfoques de seguridad, al igual que si es disponible, si hay asuntos legales, y factores basados individualmente. Para estrategias efectivas para la prevención del suicidio, es importante conocer todos los medios letales, ya que varían entre diferentes grupos sociodinámicos.

**Objetivo 4.1** Proporcionar información a dueños de tiendas de armas de fuego y a dueños de campos de tiro, también a los aguaciles locales para aumentar conciencia de los esfuerzos para la prevención del suicidio, señales de advertencia de suicidio, y recursos disponibles. Ejemplos de recursos disponibles:

##### **American Foundation for Suicide Prevention (AFSP)**

<https://afsp.org/firearms-and-suicide-prevention>

##### **National Shooting Sports Foundation & AFSP**

<https://www.nssf.org/safety/suicide-prevention/suicide-prevention-toolkit/?hlite=suicide>

**Objetivo 4.2** Promover maneras seguras para desechar medicamentos en la comunidad por medio de farmacias y proveedores de salud, actividades como “take back” (“devolver”) que es una compañía que ayuda a personas a desechar medicamentos expirados o que no usaron. Asociarnos con farmacias locales para aumentar la disponibilidad de maneras para desechar medicamentos expirados o no usados y destacar el suicidio y la prevención de la sobredosis para personas surtiendo recetas.

**Objetivo 4.3** Proporcionar información por medio de departamentos de salud locales a asociaciones de la comunidad de recursos de prevención de sobredosis, métodos y medicamentos que contrarrestar una sobredosis, como naloxona para la sobredosis de opioides. Asociarnos con esfuerzos locales y organizaciones que coordinan actividades similares. Por ejemplo, campañas y recursos incluyen:

##### **Napa Opioid Safety Coalition**

[Home | My Site \(napaosc.wixsite.com\)](http://napaosc.wixsite.com/)

##### **Statewide Striving for Safety Website**

[Home - MHSOAC - Means Safety \(strivingforsafety.org\)](http://strivingforsafety.org/)

##### **Objective 4.4** Promote trainings such as Counseling on Access to Lethal Means

<https://zerosuicidetraining.edc.org/enrol/index.php?id=20>

and resources such as the **Bullet Points Project**

<https://www.bulletpointsproject.org/>

to mental health, substance use and health care providers.





### **Objetivo Estratégico 3: Aumentar la identificación temprana del riesgo de suicidio y la conexión con el servicio para aquellos que están en alto riesgo en la forma menos restrictiva.**

Los servicios de crisis son una parte importante de un enfoque integral para la prevención del suicidio. El término servicios de crisis es usado a menudo como línea directa o línea de ayuda, también implica otros programas que proporcionan evaluaciones, estabilización de crisis, y referencias a el nivel apropiado de atención médica continua. Cada uno de estos servicios y apoyo pueden ser proporcionados individualmente, pero tendrían un mayor nivel de impacto si todos los esfuerzos están conectados.

La comunidad responde más pronto a alguien en crisis cuando esa persona ha respondido “sí” cuando se le pregunta si tienen pensamientos suicidios, y así consideramos como y a quien entrenamos y quien debe intervenir en nuestra comunidad.

Las personas pueden presentar la necesidad de servicios de crisis de diferente manera, a diferente hora, a diferentes proveedores de salud o ayudantes. Creando un sistema estimulante de colaboraciones, y el apoyo mutuo entre los proveedores de servicios de crisis u otros proveedores beneficia a los miembros individuales de la comunidad, organizaciones, personas de primeros auxilios, y la comunidad en general.

Proporcionando una gama completa de servicios de crisis puede reducir suicidios cuando es combinado con seguimiento de la salud mental. Muchas comunidades ofrecen dos o tres tipos de atención de crisis, pero pocos ofrecen continuidad completa de servicios diseñados para brindar la atención adecuada en el momento adecuado en el modo menos restrictivo. Cambios están sucediendo a medida que aprendemos sobre la eficiencia de costos y resultados positivos asociados con la prestación de una atención continua.

De manera similar, la atención y el tratamiento posterior a la crisis inicial frecuentemente afectan no solo la duración y la gravedad de la crisis actual y pueda ser fundamentales para educar al individuo, las organizaciones y a la comunidad de estrategias y habilidades eficaces para afrontar y reducir crisis futuras en cuanto surjan.

#### **Meta 5: Apoyar y fomentar la colaboración y mejorar entre sistemas y programas que atienden a quienes están en riesgo. Identificar y apoyar actividades en ambientes comunitarios diversos que puedan conectar a las personas que tienen pensamientos de suicidio con intervenciones efectivas.**

Con educación y apoyo, cualquiera puede reconocer las señales de advertencia del suicidio y puede aprender a comunicarse efectivamente con personas de riesgo para determinar el tipo de apoyo que necesitan. Programas y asociaciones que mejoran las conexiones entre proveedores en ambientes diferentes y garantiza que las personas conozcan los recursos disponibles y pueden empoderar a personas en riesgo para reconocer sus señales de advertencia personales, identificar estrategias de afrontamiento y una red social de apoyo, reducir el acceso a medios letales y buscar apoyo profesional, apoyo personal que pueden ayudar a navegar and manejar una crisis de suicidio.

**Objetivo 5.1** Revisar los programas existentes para obtener una comprensión integral de que programas e infraestructuras ya existen para abordar la prevención del suicidio.

**Objetivo 5.2** Desarrollar y mantener actualizada una guía de atención continua para navegar por los recursos de salud mental en el Condado de Napa y garantizar que este ampliamente disponible.

**Objetivo 5.3** Revisar los datos y establecer un proceso de participación comunitaria para identificar poblaciones desatendidas y comprender que servicios existen y donde deben de llenarse los espacios para conectar mejor a las personas con los servicios y apoyos adecuados.





### **Meta 6: Mejorar la disponibilidad y accesibilidad de servicios y apoyo para personas que están padeciendo de conductas suicidas.**

Servicios de crisis y apoyo también pueden ayudar a evaluar el riesgo de suicidio y la conexión con los servicios, y deben estar ampliamente disponibles, accesibles para beneficiar a miembros de la comunidad diversa que necesitan ayuda.

**Objetivo 6.1** Promover mejores prácticas como detección, evaluación de riesgos y planificación de seguridad para proveedores en ambientes y escuelas clave para aumentar la consistencia de la atención.

**Objetivo 6.2** Identificar como las personas en crisis suicida están conectados con la ayuda que existe (sistema de respuesta a crisis en el Condado de Napa) y recomendar intervenciones que promuevan desescalación y apoyo en el ambiente menos restrictivo.

**Objetivo 6.3** Promover recursos de crisis y líneas cálidas.

**Objetivo 6.4** Asociarse con sistemas de atención de salud, salud mental y trastornos por uso de sustancias para identificar y promover formas de mejorar la continua atención cuando las personas están en transición de programas de apoyo después de recibir servicios para conductas suicidas.

**Objetivo 6.5** Identificar programas de seguimiento que ya existen para personas que han recibido servicios relacionados con el suicidio, incluyendo después de un intento de suicidio. Explorar maneras de mejorar los servicios que existen o implementar programas nuevos.

### **Meta 7: Ampliar servicios comunitarios de respuesta y apoyo después de una pérdida por suicidio.**

**Objetivo 7.1** Establecer y mantener un Grupo para Sobrevivientes de Pérdidas por Suicidio del Consejo de Prevención del Suicidio de Valle de Napa. El grupo apoyará a los sobrevivientes de pérdidas por suicidio con educación, recursos y apoyo profesional y continuará ampliando la disponibilidad de programas de apoyo para el duelo por suicidio que están diseñados e implementados específicamente por, para, y con los sobrevivientes de pérdidas por suicidio.

**Objetivo 7.2** Promover oportunidades y recursos de entrenamiento para equipar a los proveedores de servicios de salud mental para que apoyen a las personas que sufren una pérdida por suicidio.

**Objetivo 7.3** Identificar y promover recursos o estrategias de posvención existentes en entornos comunitarios específicos (como escuelas, lugares de trabajo, centros de correccional, etc.)

**Objetivo 7.4** Organizar un evento anual para sobrevivientes de pérdidas por suicidio en Napa o apoyar/asociarse con condados vecinos.

**Objetivo 6.5** Producir y distribuir tarjetas de recursos para sobrevivientes de pérdidas por suicidio con información actualizada. Distribuir a agencias apropiadas o socios comunitarios, según la información delineada por el Grupo de Sobrevivientes de Pérdida por Suicidio indiquen.

### **Meta 8: Apoyar a los distritos y escuelas en la implementación de la prevención integral del suicidio en el ambiente escolar.**

**Objetivo 8.1** Asociarse con la Oficina de Educación del Condado de Napa para evaluar como los distritos y escuelas se están alineando con los mandatos de las pólizas para implementar esfuerzos de prevención, intervención y posvención del suicidio.

**Objetivo 8.2** Promover entrenamientos y recursos educativos para distritos y escuelas. Por ejemplo, entrenamiento para QPR, entrenamiento para detección y evaluación de riesgos, reingreso después de un intento de suicidio, posvención en entornos escolares y participación de jóvenes y padres.

**Objetivo 8.3** Promover programas que aumenten los factores de protección y reduzcan los factores de riesgo, incluyendo grupos que se enfocan en jóvenes.

**Objetivo 7.4** Promover el programa de [Directing Change](#) gratuito de prevención del suicidio juvenil en las escuelas del Condado de Napa. Este programa prepara a los jóvenes a reconocer las señales de suicidio y como ofrecer apoyo.





## Recursos Adicionales Para Obtener Más Información Sobre La Prevención Del Suicidio en el Condado de Napa

Capacitación es un componente esencial de nuestro plan estratégico. La capacitación ayuda a fomentar conocimientos y habilidades consistentes para aquellos que están en una posición clave para reconocer y responder a riesgo de suicidio y ayuda a conectar a la comunidad de maneras significantes. Hay ejemplos de entrenamientos disponibles que varían en duración e intensidad y que se adaptan a poblaciones y ambientes particulares. Implementar una variedad de capacitaciones puede ayudar a garantizar que mas personas en nuestra comunidad tengan el conocimiento y las habilidades necesarias para reconocer e intervenir cuando alguien pueda estar pensando en suicida

### Meta 9: Desarrollar e implementar un plan de capacitación que prepare a la comunidad y a los proveedores en el Condado de Napa para reconocer y responder al riesgo de suicidio.

**Objetivo 9.1** Establecer un grupo de capacitación dentro del Consejo de Prevención del Suicidio para coordinar los recursos y oportunidades de capacitación que existen. El grupo de capacitación, junto con otros, también evaluara las oportunidades, modelos y brechas de capacitación actuales e identificar oportunidades de entrenamiento y recursos para organizaciones dentro el Condado de Napa.

**Objetivo 9.2** Proporcionar capacitación a grupos comunitarios sobre la prevención del suicidio. Priorizar la capacitación para reconocer y responder al riesgo de suicidio en ambientes clave como lugares de trabajo, escuelas, programas de atención a jóvenes, instalaciones residenciales para adultos mayores y programas de servicios para personas de la tercera edad.

**Objetivo 9.3** Explorar diferentes maneras de capacitación que están mezcladas con normas culturales de poblaciones desatendidas y en riesgo en el Condado de Napa. Abordar las necesidades de los grupos vulnerables y adaptarse a los contextos culturales y situaciones dentro de nuestra comunidad.

## ¡Juntos Podemos Hacer la Diferencia!

Lograr nuestra visión de eliminar el suicidio en el Condado de Napa requiere el apoyo de todos en nuestra comunidad. Necesitamos su ayuda. Ya sea compartiendo opiniones sobre este plan, aprendiendo más sobre las señales de advertencia y como ayudarse a sí mismo o a otra persona, o encontrando nuevas formas de conectarse con otras personas en nuestra comunidad, usted también puede hacer la diferencia. Con el apoyo y colaboración de personas, agencias y organizaciones, podemos prevenir el suicidio.

Para mantense conectado con los esfuerzos actuales y aprender como participar, visite nuestra página de web:

[Napa County Suicide Prevention Council | Napa County, CA \(countyofnapa.org\)](http://Napa County Suicide Prevention Council | Napa County, CA (countyofnapa.org))

### ¿Esta preocupado por alguien?

El sufrimiento no siempre se nota. Si observa, aunque sea una de estas señales, especialmente si nota que el comportamiento es nuevo, ha aumentado o parece estar relacionado con un evento, pérdida o cambio doloroso, actúe o diga algo para ayudar a un ser querido:

#### Señales de alerta para tener en cuenta:

- |                                                  |                                             |                                |
|--------------------------------------------------|---------------------------------------------|--------------------------------|
| · Hablar de querer morirse o suicidarse          | · Poner sus asuntos en orden                | · Aislarse de los demás        |
| · Buscan una manera de suicidarse                | · Comportamiento imprudente                 | · Ansiedad o agitación         |
| · Sentirse sin esperanza, desasperado o atrapado | · Enojo inexplicable                        | · Alteración en el sueño       |
| · Regalar pertenencias                           | · Aumento en el consumo de drogas o alcohol | · Cambios repentinos del humor |
|                                                  |                                             | · Sentirse inútil              |

### Si está preocupado por alguien, acérquese y pregunte: "¿Estas pensando en suicidarte?"

Si cree que la persona es suicida, tómello en serio. No las deje solas. Llame a la Línea de Vida Nacional de Prevención de Crisis y Suicidio al 988 y pulsa 2 o llame al 911 para emergencias que amenacen la vida.

Visite [suicideispreventable.org](http://suicideispreventable.org) para saber si alguien que usted conoce podría estar en riesgo.





## **Mental Health Services Oversight and Accountability Commission**

[Striving for Zero, California's Strategic Plan for Suicide Prevention](#)  
[Striving For Zero Learning Collaborative Modules and Resources](#)



## **California Mental Health Services Authority**

[Know the Signs Strategic Planning for Suicide Prevention Learning Collaborative](#)  
[Know the Signs](#)  
[The Surgeon General's Call to Action to Implement National Strategy for Suicide Prevention](#)



## **Centers for Disease Control and Prevention**

[Preventing Suicide: A Technical Package of Policy, Programs, and Practices](#)



## **National Action Alliance for Suicide Prevention**

[Transforming Communities: Key Elements for the Implementation of Comprehensive Community-Based Suicide Prevention](#)  
[National Action Alliance for Suicide Prevention](#)



## **Suicide Prevention Resource Center**

[Suicide Prevention Resource Center](#)





# WHAT MAKES A SPACE AFFIRMING FOR 2SQT / LGBTQ+ YOUTH



Indigenous communities have historically celebrated and venerated two-spirit individuals, someone who was considered neither man or woman, and instead represented a third gender. Why do we use 2SQT+ acronym? The acronym 2SQT stands for:

**Two Spirit Queer and Trans+** and makes a conscious effort to center Indigenous communities and reclaim gender expansiveness.

Research consistently finds that 2SQT / LGBTQ+ youth who live in accepting communities and feel high social support from family and friends report significantly lower rates of attempting suicide. An affirming space may be at home, school, workplaces, or community events. On the other side of this tip sheet are a few ways in which you can create a more inclusive and affirming space for young people who identify as two-spirit, lesbian, gay, bisexual, transgender, queer, and questioning.

2SQT / LGBTQ+ youth who reported having at least one 2SQT / LGBTQ+ affirming space had **35% reduced odds** of reporting a suicide attempt in the past year.

## 2SQT / LGBTQ+ Affirming Suicide Prevention Resources:

### 988 SUICIDE & CRISIS LIFELINE

Call or text 988 or  
chat [988lifeline.org](https://988lifeline.org)

LGBTQ+ youth & adults: Press 3

En Español: Presione 2

For TTY Users: Use your preferred relay  
service or dial 711 then 988

### The Trevor Project

1-866-488-7388

[www.thetrevorproject.org/get-help-now/](https://www.thetrevorproject.org/get-help-now/)

Phone, chat, and text support  
for LGBTQ+ youth

### THE TRANS LIFELINE

1-877-565-8860

24/7 lifeline run by and for trans people

[suicideispreventable.org](https://suicideispreventable.org)





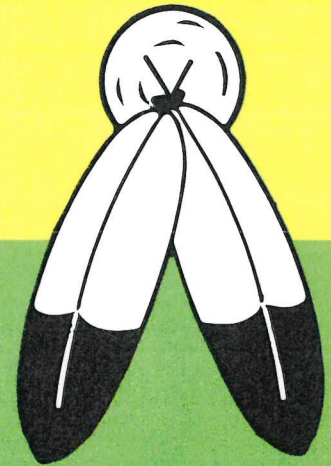
As you look through the suggestions below, it is important to consider that the process of coming out is a deeply personal experience, and should only ever be done on an individual's own terms, when they are ready.

- 1 Obtain training for providing 2SQT / LGBTQ+ affirming care and support.
- 2 Explicitly state that you are 2SQT / LGBTQ+ affirming in conversations, meetings, and other opportunities.
- 3 Display a poster or visible sign of support (i.e., art by 2SQT / LGBTQ+ artists) to send a message to everyone who enters a space that all identities are welcome and supported.
- 4 Ask and use the correct pronouns and name. There is no way to know someone's gender identity or pronouns based on their gender expression or appearance. Instead of assuming what pronoun a youth uses, for instance, create space where they feel confident and safe disclosing that to you. You can also provide spaces where they can try on names and pronouns they are considering.
- 5 Utilize gender neutral language and avoid heterosexist language (e.g., "mother" and "father" vs. Caregiver ") or gender binary language (e.g., "daughter" or "son" vs. children).
- 6 Advocate for and promote inclusion and non-discrimination policies that explicitly list protections based on sexual orientation, gender identity, and gender expression. Policies supporting 2SQT / LGBTQ+ youth should be displayed prominently.
- 7 Utilize 2SQT / LGBTQ+ affirming paperwork, even if only used internally, it should always reflect the gender, pronouns, and names of individuals or employees.
- 8 Maintain youths' confidentiality. Be upfront and clear with youth about your dedication to confidentiality, which can help to build trust.

#### CREATING 2SQT / LGBTQ+ AFFIRMING SPACES

“ seeing that LGBTQ {2SQT} people are out and happy in the space + a certain vibe + diverse authority figures + asking and using correct pronouns and name + if they have “LGBTQ {2SQT} friendly” in their description online + diverse LGBTQ {2SQT} staff + publicly out leaders / organizers + other LGBTQ {2SQT} people of color

- The Trevor Projects, 2022 National Survey on LGBTQ Youth Mental Health





# International Survivors of Suicide Loss Day 2023

**November 18, 2023 (Saturday)**  
**Aldea 4820 Business Center Dr.**  
**Fairfield, CA 94534 8:30-12:30pm**

This year Solano & Napa County are partnering to support Survivors of Suicide Loss. Each year, AFSP supports hundreds of large and small Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope through their shared experience. While each event is unique and offers various programming, all feature an AFSP-produced documentary that offers a message of growth, resilience and connection.

**Register at:**  
[afsp.org/survivorday](https://afsp.org/survivorday)

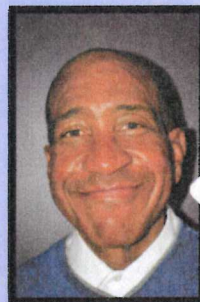
## For more info:

Event Co-Coordinator  
Lori Espinosa

707-365-0395

[lespinosa@solanocounty.com](mailto:lespinosa@solanocounty.com)

[afsp.org/survivorday](https://afsp.org/survivorday)



**Keynote Speaker:**  
Local Journalist and  
Author Tony Wade

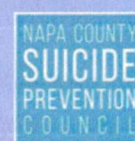
✓  
**Check-in**  
8:30 to 9:00am

  
**Refreshments**  
will be served

  
**Bring photos of**  
your loved one



**American Foundation for  
Suicide Prevention**





**ATTACHMENT 2**

**SUPPLEMENTAL REPORTS &  
COMMUNICATIONS Office of the City Clerk**

**City Council of the City of Napa  
Regular Meeting**

**September 19, 2023**

**FOR THE CITY COUNCIL OF THE CITY OF NAPA**

**EVENING SESSION:**

**SUBMITTED PRIOR TO THE CITY COUNCIL MEETING**

**12. ADMINISTRATIVE REPORTS:**

**12.A. Proposed Water Rates**

- PowerPoint Presentation from City Staff correcting the date to November 7, 2023 at 6:30 pm on slide 21.





*"You don't know the value of  
water until the well runs dry"*  
- Ben Franklin

## City of Napa Water Rates

September 19, 2023

*"Whiskey is for drinking...  
Water is for fighting"*  
-Mark Twain

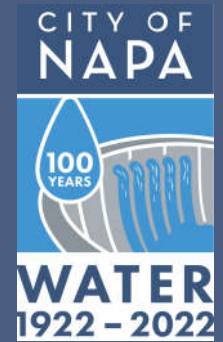


# City of Napa Water System

\$941 Million System

- **Water Supplies**

- ❖ Lake Hennessey
- ❖ Milliken Reservoir
- ❖ State Water Project



- **Water Treatment - 3 Plants (43 MGD)**

- **Water Transmission**

- ❖ 14 Storage Tanks (31 million gal)
- ❖ 10 Pump Stations
- ❖ 11 Regulator Stations

- **Water Distribution**

- ❖ 360 miles of Pipelines
- ❖ 25,500 Water Services (City & Unincorporated County)





# City of Napa Water System



- ❑ Annual Budget \$38 Million
- ❑ \$6M annual Capital Improvements
- ❑ 24/7 Operation
- ❑ 68 full-time staff
- ❑ Real-time monitoring at treatment plants
- ❑ Hundreds of samples every week
- ❑ Certified, licensed professionals operating at all times

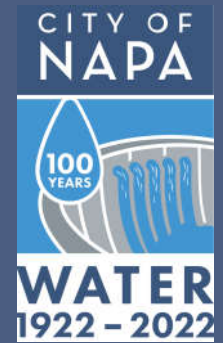
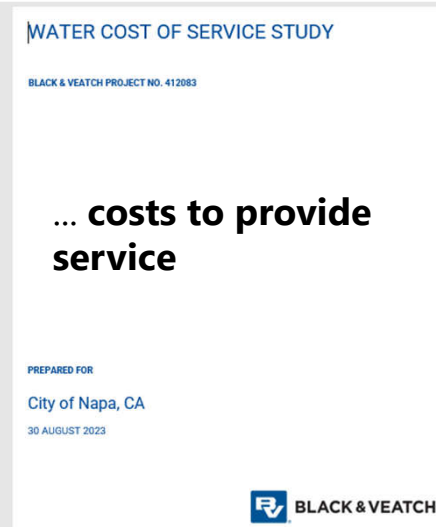


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Turbidimeters

# Water Rates Cost of Service



## ☐ Revenue Collected

- ❖ No taxes
- ❖ >90% of revenue is bimonthly water bills
- ❖ Cell tower leases, capacity fees/new connections

## ☐ Costs to Operate and Invest in System

- ❖ O&M
- ❖ Capital Improvements
- ❖ Non-recurring (Sanitary Survey of Watersheds, Urban Water Mgmt Plan)

## ☐ Detailed review 6 years ago in 2017





# Current Status of Water Enterprise

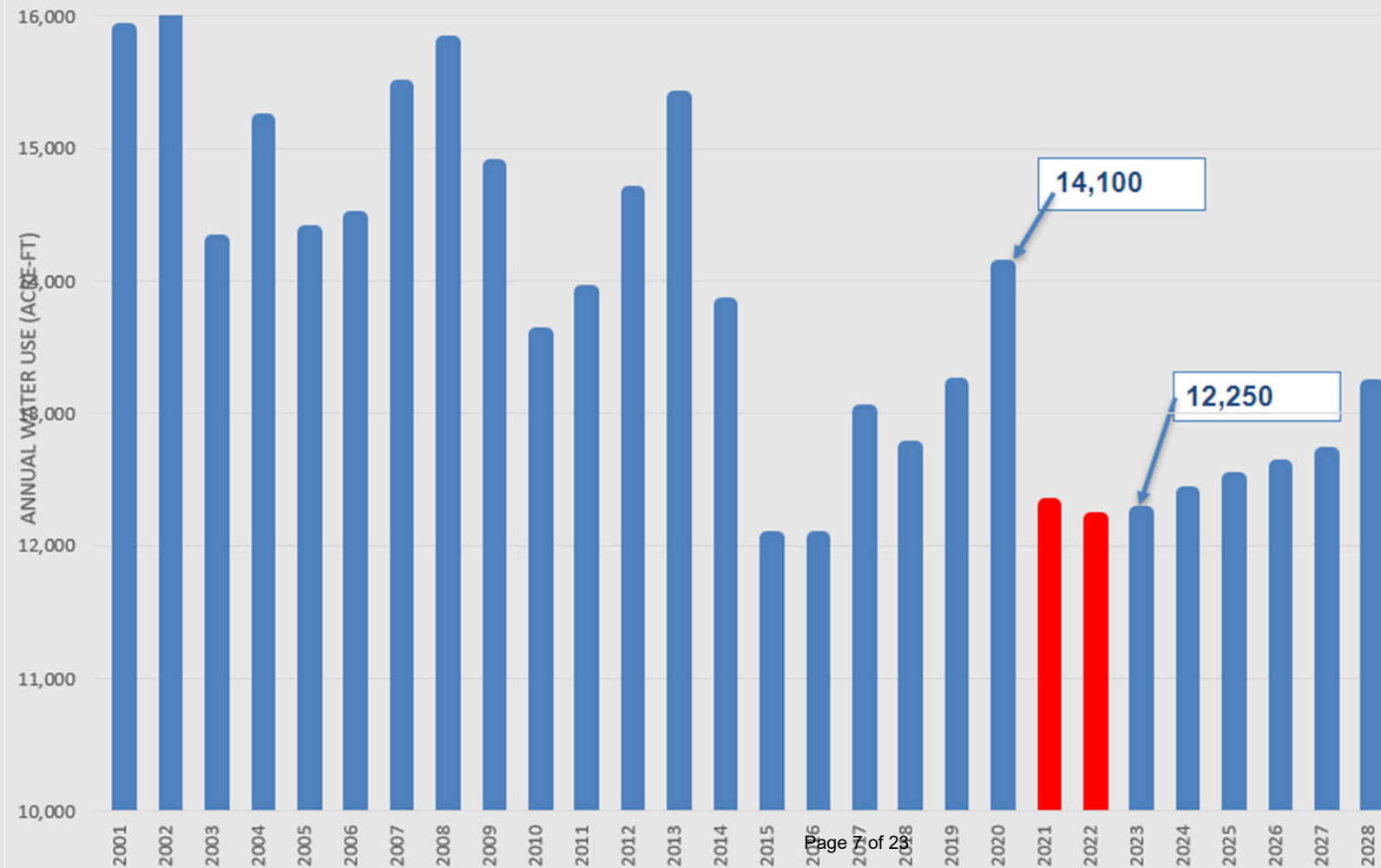
- ☐ Rates not adjusted since October 2021
- ☐ Budget deficit of \$6.8 M if we maintain \$6M annual CIP commitment
- ☐ Proposed Rates are necessary
  - ❖ Operate the system
  - ❖ Purchase water supply
  - ❖ Invest in infrastructure

**... Reliable System ...**



# Demand Projections

## 2001-2030 Actuals & Projected Customer Water Use





# Operating Expenses

## ❑ Inflationary Increases

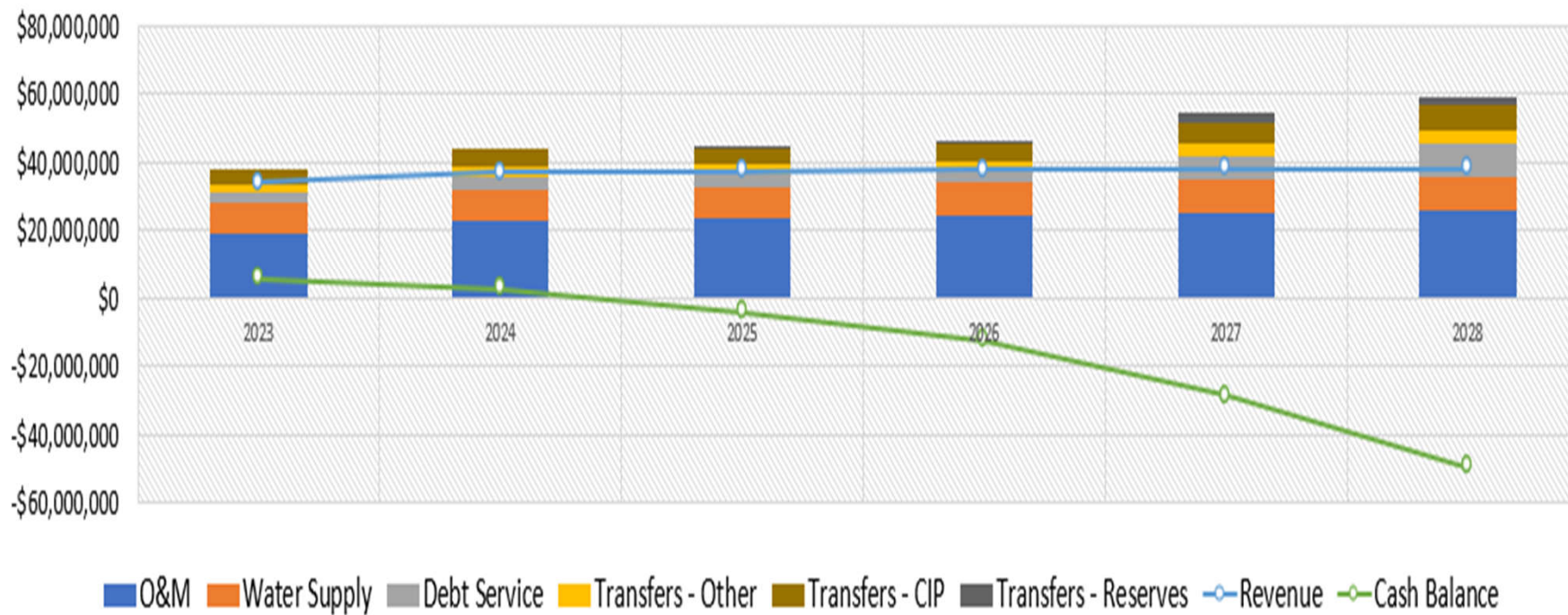
- ❖ 24/7 operation
- ❖ 68 staff ensure Regulatory Compliance

- Water Supply - State Water Project (+\$2M)
- Treatment – Chemicals (+\$700k since 2020)
- Distribution –Repair Clamps, Fittings, Pipe (+\$250k)
- Risk/Liability – (+\$700k)



# No Rate Increase

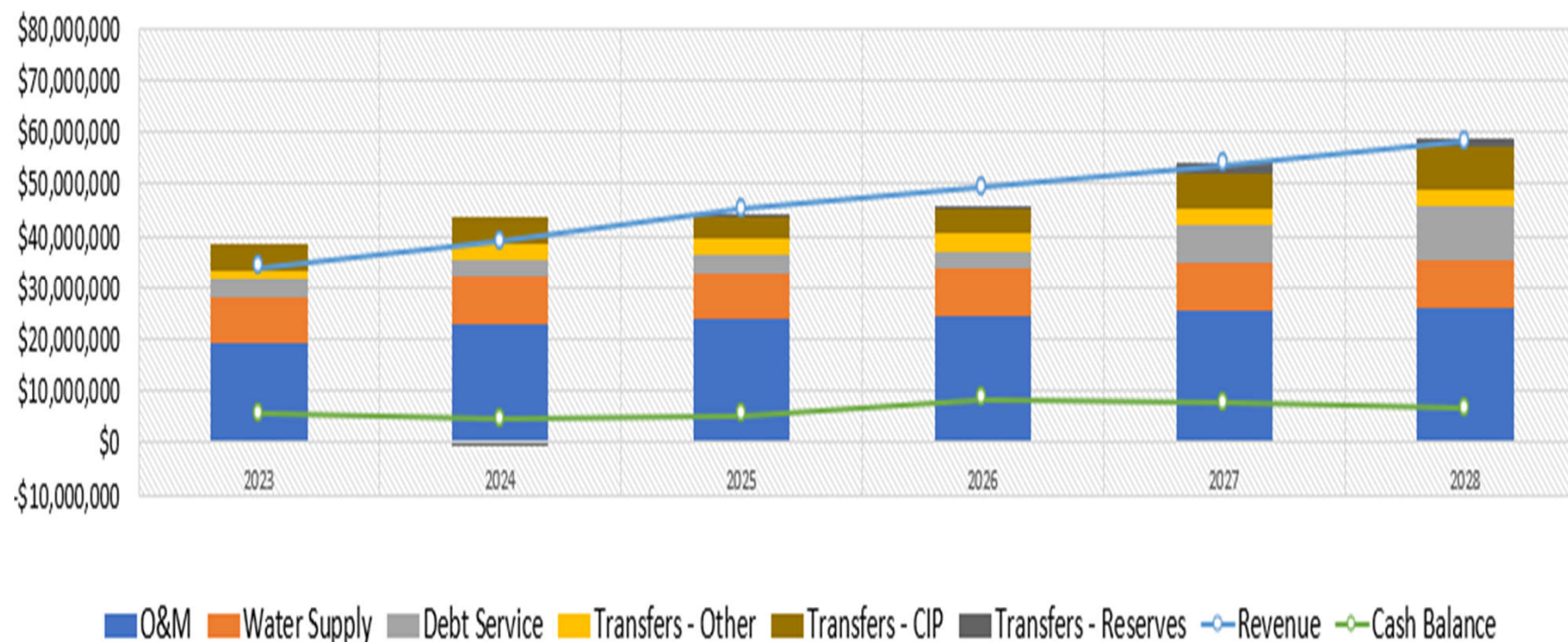
Water Operations Fund





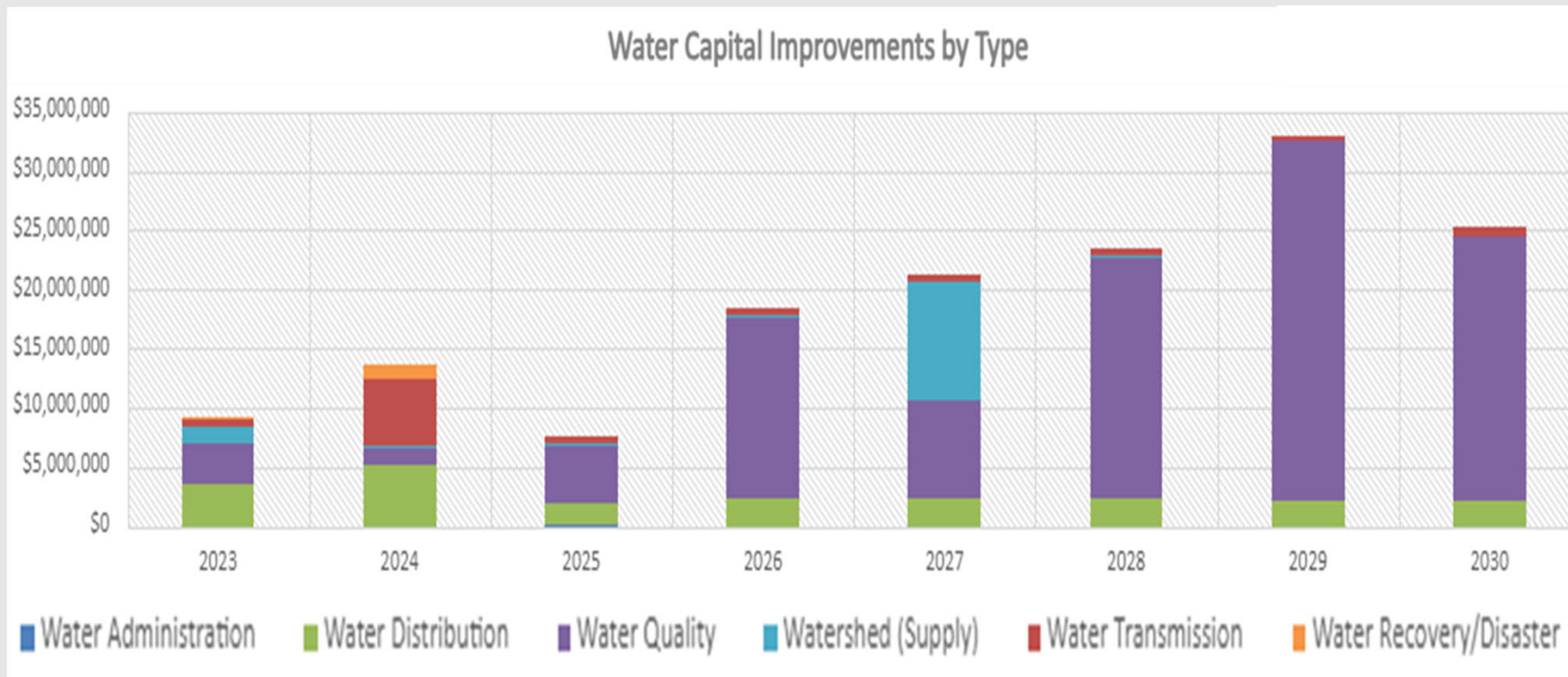
# Proposed Rate Increase

Water Operations Fund



- ☐ Meets needs for operations, maintenance and water supply costs
- ☐ Increases annual contribution to CIP from \$6M to \$8M by 2028
- ☐ Prepares for 30-Yr Master Plan and Financial Plan
- ☐ Supports \$100M Bond issuance in 2027 (\$7.2M annual debt service)

# Identified CIP Needs



- ❑ **Water Quality** - focus on Hennessey Treatment Plant Upgrades in 2028-2030 (\$80M)
- ❑ **Water Supply** – Hennessey spillway expansion (\$10M)
- ❑ **Water Transmission** – 12-in on BV Road, 36-in AC main 17 miles (\$4M/mile)



# Current and Proposed Rates

## Bimonthly Fixed Service Charge

| ALL CUSTOMER CLASSES<br>Inside/Outside City |              |            |            |            |            |            |
|---------------------------------------------|--------------|------------|------------|------------|------------|------------|
| Current                                     | Service Size | Proposed   |            |            |            |            |
|                                             |              | 1/1/2024   | 10/1/2024  | 10/1/2025  | 10/1/2026  | 10/1/2027  |
| \$48.58                                     | 3/4-inch     | \$52.04    | \$58.28    | \$63.53    | \$69.25    | \$74.79    |
| \$48.58                                     | 1-inch       | \$52.04    | \$58.28    | \$63.53    | \$69.25    | \$74.79    |
| \$93.43                                     | 1 1/2-inch   | \$99.53    | \$111.47   | \$121.51   | \$132.44   | \$143.04   |
| \$147.24                                    | 2-inch       | \$156.51   | \$175.29   | \$191.07   | \$208.26   | \$224.92   |
| \$290.75                                    | 3-inch       | \$308.45   | \$345.46   | \$376.56   | \$410.45   | \$443.28   |
| \$452.19                                    | 4-inch       | \$479.39   | \$536.92   | \$585.24   | \$637.91   | \$688.94   |
| \$900.65                                    | 6-inch       | \$954.22   | \$1,068.73 | \$1,164.91 | \$1,269.75 | \$1,371.33 |
| \$1,438.79                                  | 8-inch       | \$1,713.95 | \$1,919.62 | \$2,092.39 | \$2,280.71 | \$2,463.16 |

## Water Quantity Charge

| SINGLE-FAMILY RESIDENTIAL: Inside City (In) and Outside City (Out)<br>\$ cost per unit (unit = 1,000 gallons) |         |             |          |         |           |         |           |         |           |         |           |         |  |
|---------------------------------------------------------------------------------------------------------------|---------|-------------|----------|---------|-----------|---------|-----------|---------|-----------|---------|-----------|---------|--|
| Current                                                                                                       |         | Tier        | Proposed |         |           |         |           |         |           |         |           |         |  |
|                                                                                                               |         |             | 1/1/2024 |         | 10/1/2024 |         | 10/1/2025 |         | 10/1/2026 |         | 10/1/2027 |         |  |
| In                                                                                                            | Out     |             | In       | Out     | In        | Out     | In        | Out     | In        | Out     | In        | Out     |  |
| \$4.57                                                                                                        | \$6.53  | 0-14 units  | \$5.46   | \$8.07  | \$6.12    | \$9.03  | \$6.67    | \$9.85  | \$7.27    | \$10.73 | \$7.85    | \$11.59 |  |
| \$6.58                                                                                                        | \$9.58  | 15-27 units | \$8.05   | \$11.53 | \$9.01    | \$12.91 | \$9.82    | \$14.08 | \$10.71   | \$15.34 | \$11.56   | \$16.57 |  |
| \$8.70                                                                                                        | \$12.39 | 28+ units   | \$9.77   | \$12.72 | \$10.94   | \$14.25 | \$11.92   | \$15.53 | \$13.00   | \$16.92 | \$14.04   | \$18.28 |  |

### ELEVATION SURCHARGE for all Pumped Zone Customers \$ cost per unit (unit = 1,000 gallons)

| Current | Proposed |           |           |           |           |
|---------|----------|-----------|-----------|-----------|-----------|
|         | 1/1/2024 | 10/1/2024 | 10/1/2025 | 10/1/2026 | 10/1/2027 |
| \$2.08  | \$2.46   | \$2.75    | \$3.00    | \$3.27    | \$3.53    |

# Current and Proposed Rates

## Bimonthly Fixed Service Charge

### ALL CUSTOMER CLASSES Inside/Outside City

| Current    | Service Size | Proposed   |            |            |            |            |
|------------|--------------|------------|------------|------------|------------|------------|
|            |              | 1/1/2024   | 10/1/2024  | 10/1/2025  | 10/1/2026  | 10/1/2027  |
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| \$48.58    | 1-inch       | \$52.04    | \$58.28    | \$63.53    | \$69.25    | \$74.79    |
| \$93.43    | 1 1/2-inch   | \$99.53    | \$111.47   | \$121.51   | \$132.44   | \$143.04   |
| \$147.24   | 2-inch       | \$156.51   | \$175.29   | \$191.07   | \$208.26   | \$224.92   |
| \$290.75   | 3-inch       | \$308.45   | \$345.46   | \$376.56   | \$410.45   | \$443.28   |
| \$452.19   | 4-inch       | \$479.39   | \$536.92   | \$585.24   | \$637.91   | \$688.94   |
| \$900.65   | 6-inch       | \$954.22   | \$1,068.73 | \$1,164.91 | \$1,269.75 | \$1,371.33 |
| \$1,438.79 | 8-inch       | \$1,713.95 | \$1,919.62 | \$2,092.39 | \$2,280.71 | \$2,463.16 |

### MULTI-FAMILY RESIDENTIAL, \$ cost per unit (unit = 1,000 gallons)

| Current | Location     | Proposed |           |           |           |           |
|---------|--------------|----------|-----------|-----------|-----------|-----------|
|         |              | 1/1/2024 | 10/1/2024 | 10/1/2025 | 10/1/2026 | 10/1/2027 |
| \$6.53  | Inside City  | \$7.59   | \$8.51    | \$9.27    | \$10.11   | \$10.91   |
| \$10.26 | Outside City | \$11.17  | \$12.52   | \$13.64   | \$14.87   | \$16.06   |

### COMMERCIAL/INDUSTRIAL/INSTITUTIONAL, \$ cost per unit (unit = 1,000 gallons)

| Current | Location     | Proposed |           |           |           |           |
|---------|--------------|----------|-----------|-----------|-----------|-----------|
|         |              | 1/1/2024 | 10/1/2024 | 10/1/2025 | 10/1/2026 | 10/1/2027 |
| \$6.64  | Inside City  | \$7.58   | \$8.49    | \$9.25    | \$10.08   | \$10.89   |
| \$10.40 | Outside City | \$11.10  | \$12.44   | \$13.55   | \$14.77   | \$15.96   |

### IRRIGATION, \$ cost per unit (unit = 1,000 gallons)

| Current | Location     | Proposed |           |           |           |           |
|---------|--------------|----------|-----------|-----------|-----------|-----------|
|         |              | 1/1/2024 | 10/1/2024 | 10/1/2025 | 10/1/2026 | 10/1/2027 |
| \$6.84  | Inside City  | \$7.65   | \$8.57    | \$9.34    | \$10.19   | \$11.00   |
| \$10.70 | Outside City | \$11.27  | \$12.62   | \$13.76   | \$15.00   | \$16.20   |

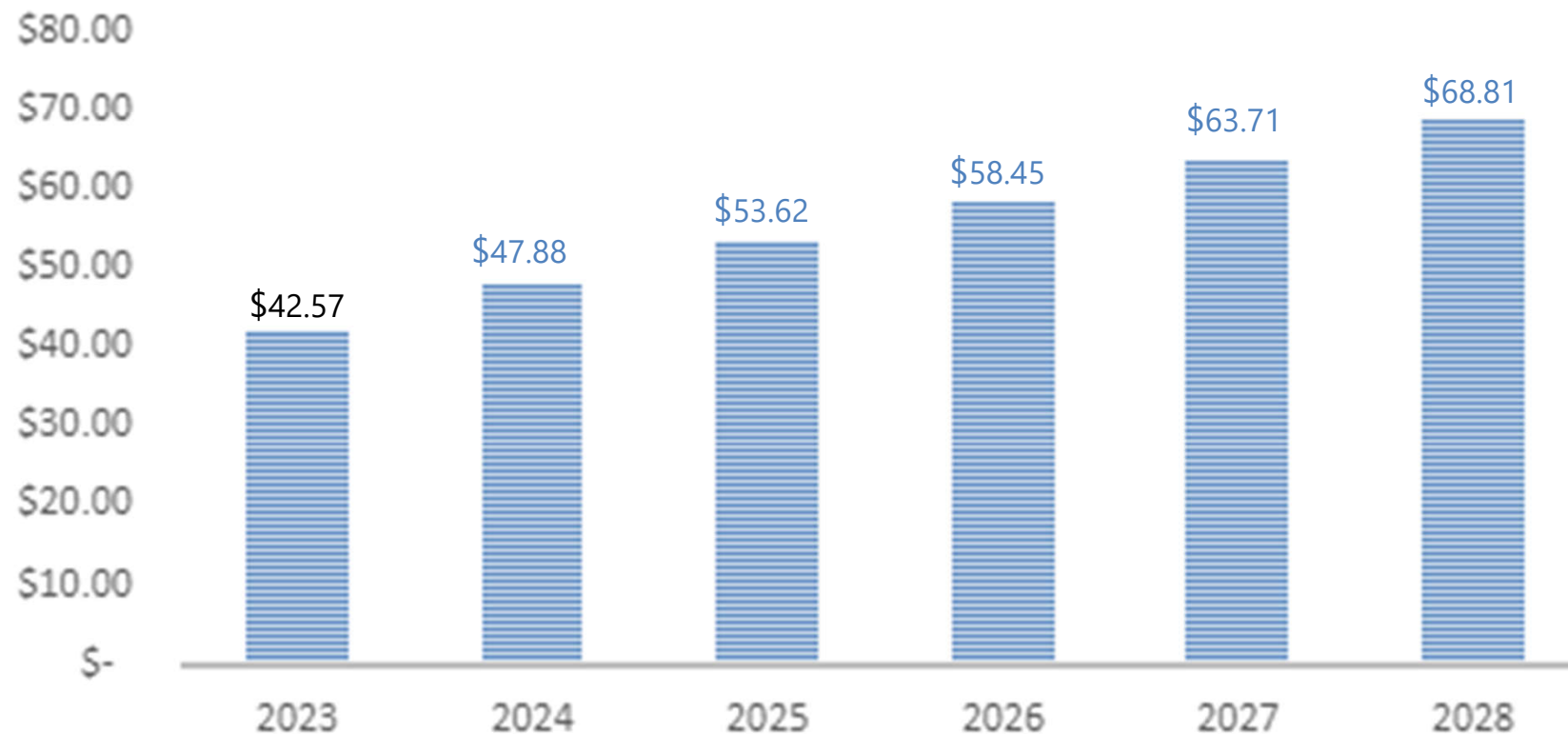


# Typical Winter Monthly Bill

Residential 1-in meter

Indoor Consumption: 8 units (4 units per month)

## INSIDE CITY - SFR TYPICAL MONTHLY BILL



**Adjustment is approximately \$5 per month**

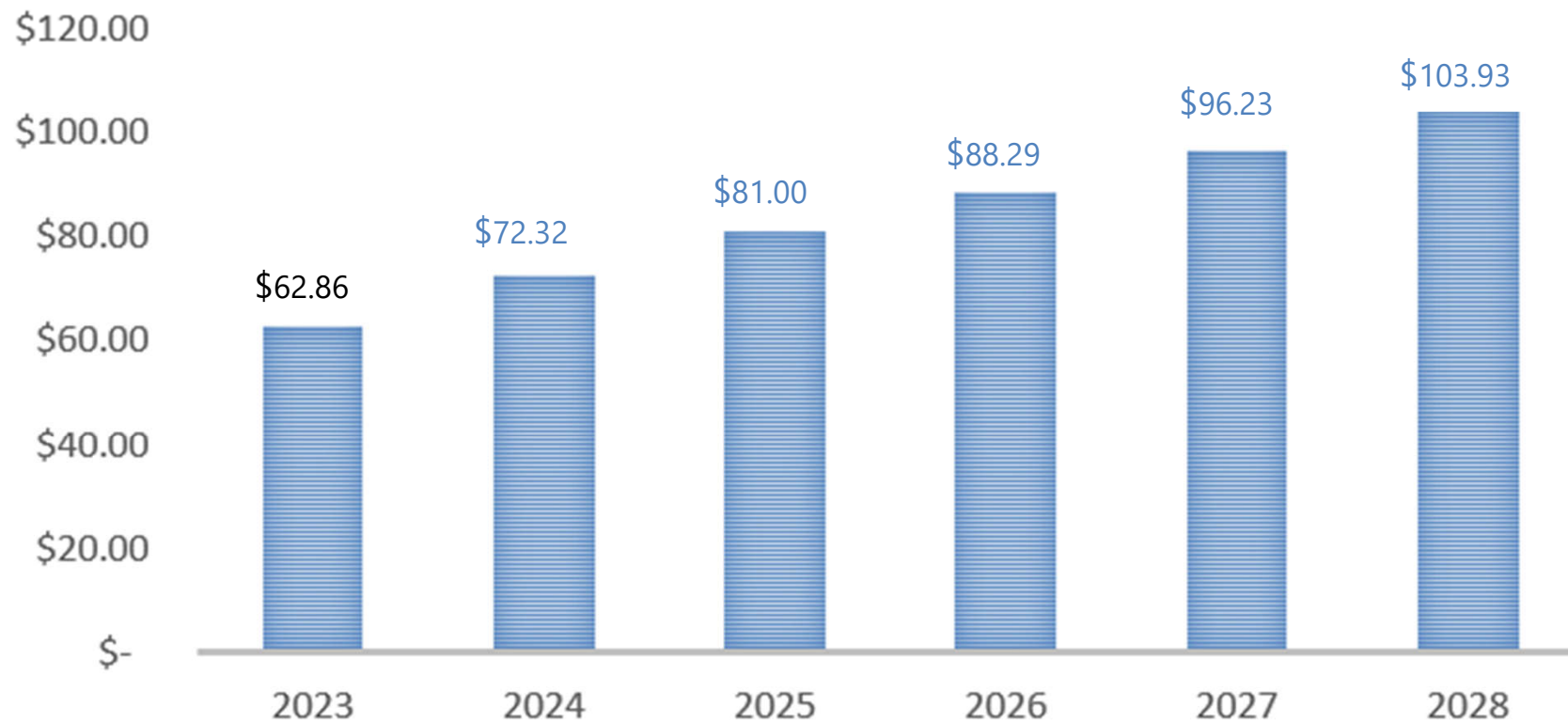
52% of all bills will be at this level or lower

# Typical Summer Monthly Bill

Residential 1-in meter

In/Outdoor Consumption: 16 units (8 units per month)

## INSIDE CITY - SFR TYPICAL MONTHLY BILL



**Adjustment is approximately \$8-10 per month**

77% of all bills will be at this level or **lower**

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# Typical Family of Four

One week of indoor water use is...



\* A typical family of 4 uses 1 unit of water per week during the winter months. These calculations are based on the average of low-flow fixtures and calculated using the proposed rates. You can get more out of the highest efficiency fixtures. High-efficiency showerheads, faucet aerators, and other water-saving devices are available at the Utilities Department, 1700 Second Street Suite 100, Napa.

# Assistance Programs

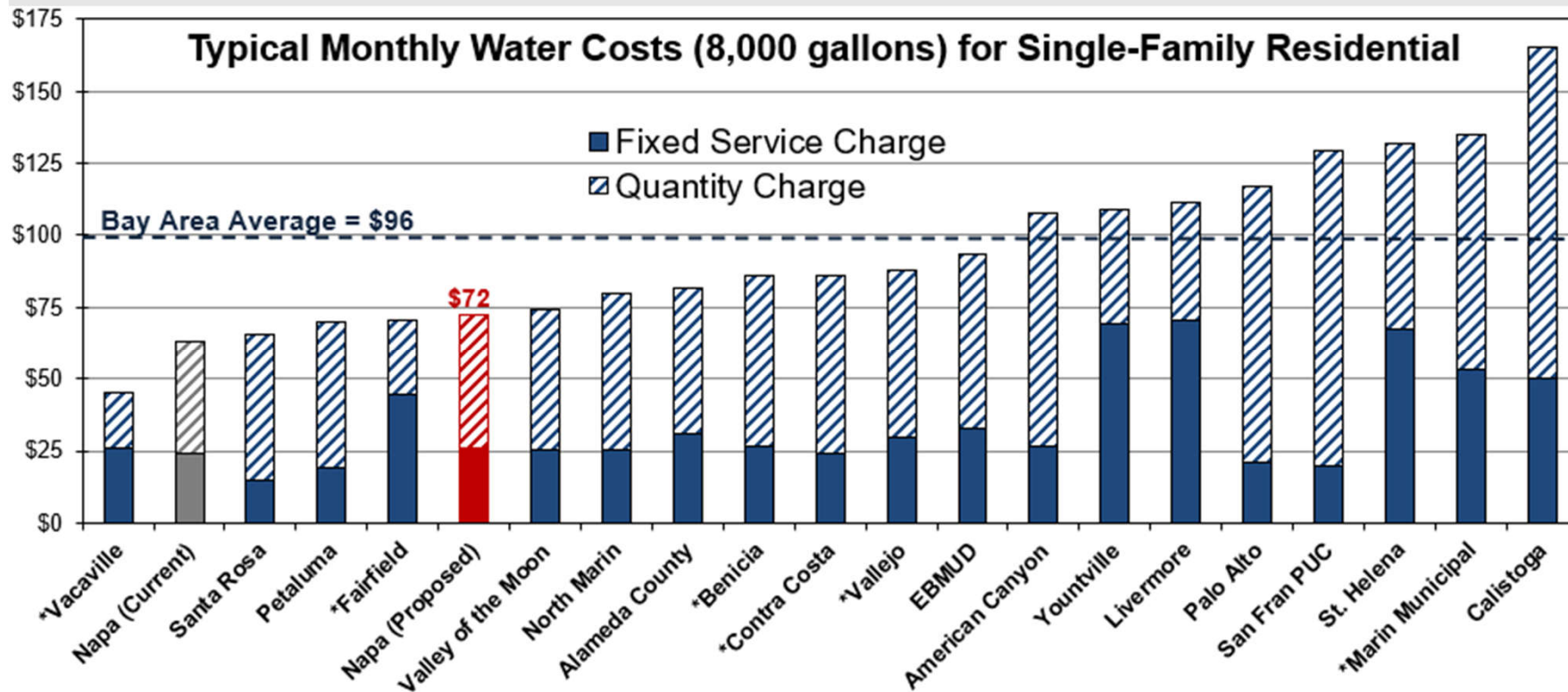


- ☐ **\*RateShare Program** – \$25 per bill discount for low-income single family residential customers who are enrolled in PG&E CARE program.
- ☐ **Low Income Household Water Assistance Program (LIHWAP)**– Administered through Dept of Health & Human Services, bills are paid directly to City of Napa as eligible utility. Extended thru March 31, 2024.

\* RateShare Program is funded by non-rate revenue received from cell tower leases.



# Comparison to Bay Area



**\* Total cost is higher; a portion of capital costs are paid through property taxes.**

# Value of Water

What does **1 gallon** cost?



**Tap Water:** about a   
Delivered right to your home!



**Bottled Water:**  
\$1.50



**Milk:**  
\$5.43



**Latte:**  
\$29.12



**Gasoline:** \$5.09

**Clean, safe, reliable tap water:**

- **1 penny per gallon**
- **Delivered!**



# Water Enterprise Goals



- ☐ **Clean safe, reliable, low-cost water for our customers**
- ☐ **Manage the system and invest in infrastructure to:**
  - ❖ **ensure system reliability**
  - ❖ **reduce long-term O&M costs**



# Next Steps



## 2023

- ☐ **Sept 22 – Prop 218 Notice of Public Hearing**
- ☐ **Nov 6 – 45-day period for Prop 218 Notice ends**
- ☐ **Nov 7 – Public Hearing to consider adoption of proposed rates**

## 2024

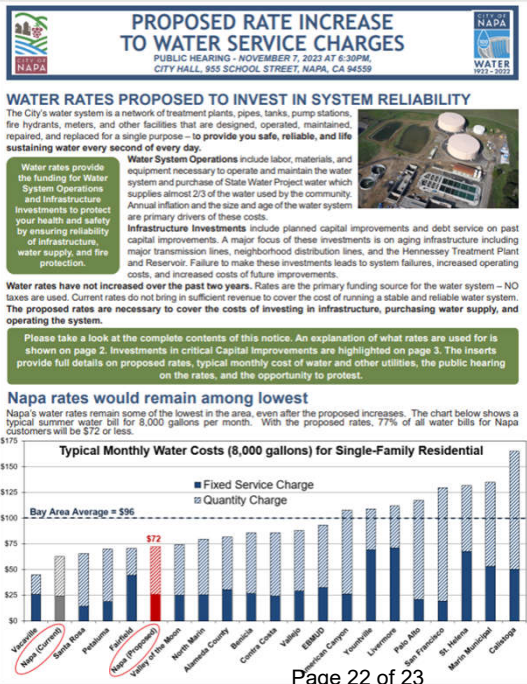
- ☐ **Jan 1– Adopted Rates take effect**
- ☐ **Mar 1- First bills under new rates delivered to customers**



# Requested Action



Authorize staff to provide written notice by mail of the proposed update to water rates in compliance with all requirements of state law, and schedule a public hearing to consider adoption of updated water rates on November 7, 2023, at 6:30 pm.



# Questions or Comments

