

CITY OF NAPA **PROCLAMATION**

Mental Health Awareness Month *May 2018*

WHEREAS, one in four individuals will experience mental health issues in their lifetimes, which can affect parents, sisters, brothers, spouses, co-workers and others in our lives; and

WHEREAS, the Mental Health Division seeks to reduce barriers to access, improve community outreach and engagement that ensures culturally and linguistically competent care to diverse communities through culturally competent services and policies; and

WHEREAS, while there is still much work to be done to eliminate disparities in services and increase education about mental illness, Napa County service providers are to be commended for their collaborative approach when working with individuals in need; and

WHEREAS, a holistic approach to services which includes prevention and early intervention is an effective way to meet the needs of individuals at risk of developing mental health issues, individuals who are experiencing early onset of the symptoms of mental illness, or individuals with serious mental illness or severe emotional disturbance; and

WHEREAS, there is a strong body of research documenting that with support and treatment, between 70 and 90 percent of individuals with mental illness have a significant reduction in symptoms and improved quality of life; and

WHEREAS, every Napa County resident can be an ally by learning about and dispelling the myths related to mental illness and eliminating stigma by treating individuals with mental illness with respect.

NOW, THEREFORE, BE IT RESOLVED that I, Peter Mott, Vice Mayor of the City of Napa, on behalf of the Napa City Council, do hereby proclaim *May 2018 as Mental Health Awareness Month, in the City of Napa.*

Dated: May 1, 2018

PETER MOTT, VICE MAYOR
CITY OF NAPA