## CITY OF NAPA PROCLAMATION

## Mental Health Awareness Month May 2020

- *WHEREAS*, one in five individuals will experience mental health issues in their lifetimes, which can affect parents, sisters, brothers, spouses, co-workers and others in our lives; and
- *WHEREAS*, it is essential to eliminate disparities in mental health by promoting wellbeing for all, regardless of race, ethnicity, sexual orientation, gender identity, language, place of residence or age and ensure equity of access, delivery of services and improvement of outcomes; and
- *WHEREAS*, the Mental Health Division seeks to reduce barriers to access, improve community outreach and engagement that ensures culturally and linguistically competent care to diverse communities through culturally competent services and policies;
- *WHEREAS*, while there is still much work to be done to eliminate disparities in services and increase education about mental illness, Napa County service providers are to be commended for their collaborative approach when working with individuals in need; and
- *WHEREAS*, a holistic approach to services which includes prevention and early intervention is an effective way to meet the needs of individuals at risk of developing mental health issues, individuals who are experiencing early onset of the symptoms of mental illness, or individuals with serious mental illness or severe emotional disturbance; and
- *WHEREAS*, the average delay between onset of mental illness symptoms and treatment is eleven years and Napa County Mental Health aims to reduce suffering of mental health and increase the quality of life for within Napa County; and
- *WHEREAS*, every Napa County resident can be an ally by learning about and dispelling the myths related to mental illness and eliminating stigma by treating individuals with mental illness with respect.

NOW, THEREFORE, BE IT RESOLVED that I, Jill Techel, Mayor of the City of Napa, on behalf of the Napa City Council, do hereby proclaim *May 2020 as Mental Health Awareness Month, in the City of Napa.* 

Dated: May 5, 2020

JILL TECHEL, MAYOR CITY OF NAPA